

ENERGIVIT

DESCRIPTION

A protein free powder containing carbohydrate, fat, vitamins, minerals and trace elements.

INDICATIONS

Suitable for use from birth through to children requiring additional energy, vitamins, minerals and trace elements or who are following a restricted protein diet. Energivit can be used in conjunction with specific amino acid mixtures to provide a formula individually tailored to meet the patient's specific needs. Can also be used as a convenient protein free feed in the short term, for example as an emergency regimen.

PREPARATION AND ADMINISTRATION

The recommended feed concentration is 15% w/v, i.e. 15g Energivit made up to 100ml with water. Energivit can be made up as a tube feed or bottle feed by adding the prescribed amount of powder to the water and stirring vigorously.

ADMINISTRATION GUIDELINES

The dosage should be determined by a clinician or dietitian only and is dependent on the age, body weight and medical condition of the patient.

PREPARATION GUIDELINES FOR INFANT FORMULA

THE HEALTH OF THE INFANT DEPENDS ON CAREFULLY FOLLOWING THE DIRECTIONS FOR PREPARATION AND USE. INCORRECT PREPARATION CAN MAKE THE BABY ILL.

Use only the scoop provided. Each level scoop (5g) of Energivit formula requires 30ml of water to yield the recommended feed concentration (15% w/v).

When preparing any infant feed, please follow the guidelines below:

1. Wash hands thoroughly and clean the preparation area. Sterilise bottles and teats (if using).
2. Boil fresh water for five minutes and allow to cool for at least 30 minutes so that it feels warm to the wrist. Pour the required amount of water into a sterilised feeding bottle.
3. Fill the scoop provided with infant formula and level off with a clean dry knife. Do not press the powder into the scoop. Only use the scoop provided.
4. Add the prescribed number of scoops of infant formula to the water. Replace cap on the bottle and shake until powder is dissolved. Before feeding, ensure that the formula is at the correct temperature by placing a few drops on the wrist.
5. Formula remaining in the bottle after one hour of feeding should be discarded. Formula must not be rewarmed during feeding.

Important Notice: Powdered infant formula is not sterile. Infant formula should be prepared immediately prior to feeding and any remaining formula should be discarded if not used within one hour. Formula should not be warmed for longer than 15 minutes prior to feeding. Do not boil formula and do not use a microwave oven to prepare or warm formula.

GENERAL PRECAUTIONS

Use under medical supervision. Not for parenteral use. Not suitable for use as a sole source of nutrition. Must be used with an additional source of nitrogen.

STORAGE

Store in a cool, dry place. Always replace the container lid after use.

PACK SIZE

400g tin.

INGREDIENTS

Dried Glucose Syrup, Refined Vegetable Oil (High Oleic Safflower, Non-Hydrogenated Coconut, **Soy**), Calcium Phosphate Tribasic, Emulsifier (E472c), Potassium Chloride, Tripotassium Citrate, Disodium Hydrogen Phosphate, Magnesium Acetate, Choline Bitartrate, Sodium Chloride, M-Inositol, L-Ascorbic Acid, Ferrous Sulphate, Zinc Sulphate, Nicotinamide, DL-Alpha Tocopheryl Acetate, Calcium D-Pantothenate, Manganese Sulphate, Copper Sulphate, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Acetate, Potassium Iodide, Chromium Chloride, Folic Acid, Vitamin K₁, Sodium Selenite, Sodium Molybdate, D-Biotin, Vitamin D₃, Cyanocobalamin.



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AVERAGE CONTENTS	UNIT	PER 100G	PER 100ML*
Energy	kcal	492	74
	kJ	2059	309
Protein	g	-	-
Carbohydrate	g	66.7	10.0
sugars	g	6	0.9
lactose	g	-	-
Fat	g	25	3.75
saturates	g	7.6	1.14
monounsaturates	g	11.6	1.7
polyunsaturates	g	4.6	0.7
MCT	%	95	95
LCT	%	4.5	4.5
LA/ALA	ratio	10:1	10:1
% energy linoleic acid	%	7.6	7.6
% energy α -linolenic acid	%	0.75	0.75
Dietary fibre	g	-	-
Minerals			
sodium	mg (mmol)	191 (8.3)	28.7 (1.2)
potassium	mg (mmol)	501 (12.8)	75.2 (1.9)
chloride	mg (mmol)	355 (10)	53.3 (1.5)
calcium	mg (mmol)	410 (10.3)	61.5 (1.5)
phosphorus	mg (mmol)	300 (9.7)	45 (1.5)
magnesium	mg (mmol)	58 (2.4)	8.7 (0.36)
iron	mg	8.1	1.2
zinc	mg	5.7	0.86
copper	μ g	430	60
manganese	mg	0.43	0.06
fluoride	mg	-	-
molybdenum	μ g	12	1.8
selenium	μ g	15.5	2.3
chromium	μ g	13.8	2.1
iodine	μ g	83	12.5
Vitamins			
vitamin A	μ g RE (IU)	392 (1305)	58.8 (196)
vitamin D	μ g (IU)	8.7 (348)	1.3 (52.2)
vitamin E	mg α -TE (IU)	4.6 (6.9)	0.69 (1)
vitamin K	μ g	37.2	5.6
thiamin	mg	0.5	0.08
riboflavin	mg	0.5	0.08
niacin	mg (mg NE)	7.5 (7.5)	1.1 (1.1)
pantothenic acid	mg	2.8	0.42
vitamin B ₆	mg	0.5	0.08
folic acid	μ g	55	8.3
vitamin B ₁₂	μ g	1.2	0.18
biotin	μ g	18.2	2.7
vitamin C	mg	49	7.4
Others			
choline	mg	91	13.7
inositol	mg	98	14.7
Water			
osmolality	mOsm/kg H ₂ O	-	190

*At recommended concentration of 15% w/v.

A food for special medical purposes; must be used under strict medical supervision.

For more information contact the Nutricia Care Line:
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