

# Nutritional Care in Hospital

## Aptamil® Gold+ Term Ready-To-Feed (SKU 50981)



### Nutrition Information Panel

	Units	/100 mL	/100 kcal
<b>Energy</b>	kJ	270	419
	kcal	65	100
<b>Protein</b>	g	1.3	2.03
Whey	g	0.8	1.2
Casein	g	0.5	0.8
<b>Carbohydrate</b>	g	7.5	11.5
Sugars	g	7.4	11.4
Lactose	g	7.2	11
<b>Fat</b>	g	3.3	5.1
Saturated	g	1.3	2
Monosaturated	g	1.2	1.9
Polyunsaturated	g	0.6	1
Arachidonic acid (AA)	mg	11	16
Docosahexanoic acid (DHA)	mg	10	16
Medium chain triglycerides (MCT)	%	14.4	14.4
<b>Fibre</b>	g	0.8	1.2
Galacto-oligosaccharides (GOS)	g	0.7	1.08
Fructo-oligosaccharides (FOS)	g	0.08	0.1
<b>Vitamins</b>			
Vitamin A	µg (RE)	67	103
Vitamin D <sub>3</sub>	µg	1.2	1.8
Vitamin E	mg α-TE	1.2	1.9
Vitamin K1	µg	3.3	5
Vitamin C	mg	15	23.1
Thiamin (B <sub>1</sub> )	mg	0.05	0.08
Riboflavin (B <sub>2</sub> )	mg	0.2	0.2
Niacin (B <sub>3</sub> )	mg NE	0.8	1.3
Pantothenic acid	mg	0.3	0.5
Vitamin B <sub>6</sub>	mg	0.06	0.09
Folic Acid	µg	12	18.7
Vitamin B <sub>12</sub>	µg	0.1	0.2
Biotin	µg	1.5	2.2
<b>Minerals</b>			
Sodium	mg	16	24.2
Potassium	mg	72	110
Chloride	mg	43	65.7
Calcium	mg	49	75
Phosphorus	mg	28	43
Magnesium	mg	4.9	7.5
Iron	mg	0.5	0.8
Zinc	mg	0.5	0.7
Copper	µg	41	63
Manganese	µg	7.5	11.5
Fluoride	µg	<3	<5
Selenium	µg	1.2	1.9
Iodine	µg	13	20.6
<b>Other</b>			
L-Carnitine	mg	1.2	1.9
Choline	mg	10.8	16.6
Taurine	mg	5.7	8.8
Inositol	mg	3.9	6
Nucleotides	mg	3.2	4.9
Osmolarity	mOsmol/L		285
Osmolality	mOsmol/kg H <sub>2</sub> O		315
Potential Renal Solute Load	mOsmol/L		120

DISCLAIMER: BREAST MILK IS BEST FOR BABIES. FOR HEALTHCARE PROFESSIONALS USE ONLY - NOT FOR DISTRIBUTION OR SHARING TO THE GENERAL PUBLIC.

For more information call the Nutricia® Careline  
 AU: 1800 060 051 NZ: 0800 636 228



# Nutricia® Aptamil® Gold+ Term Ready-To-Feed



**Aptamil® Gold+ Term is a Ready-To-Feed liquid infant formula product suitable for healthy term infants from birth.**

Infant Formula Product. 90mL sterilised, Ready-To-Feed bottle (hospital only).

## Indications

Aptamil® Gold+ Term Ready-To-Feed is for formula-fed infants (0–6 months) requiring partial or complete formula feeding.<sup>1</sup>

## Directions for use

- Shake well before use.
- Wash your hands, sterilise all utensils and sterilise teat unit.
- Heat product in bain-marie and dry the bottle. Always check temperature before use.

## Storage

- Discard unfinished feeds after use.
- Please store at ambient temperatures (5–25°C).
- Once opened, unused milk in the original bottle or sterile syringes can be kept refrigerated ( $\leq 4^{\circ}\text{C}$ ), for max. 8 hours.
- For hygiene reasons, discard unfinished milk in the feeding bottle directly after use.

## Ingredients

Water, **Milk** solids, Vegetable oils (**soy**, antioxidants (ascobyl palmitate, citric acid)), Galacto-oligosaccharides (**milk**), Emulsifier (mono- and diglycerides of fatty acids), Long chain polyfructose, Omega LCPs (**fish**, antioxidants (mixed tocopherols, ascobyl palmitate)), Acidity regulator (citric acid), Choline chloride, Taurine, Inositol, L-carnitine.

## Allergen & Cultural Information

- **Contains: Milk, Soy, and Fish.**
- Halal certified. Kosher suitable.

## Contraindications

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with Cow's Milk Protein Allergy.
- Must be used under medical supervision.

## Features

- A nutritionally complete infant formula suitable from birth.
- Based on intact protein (60:40 whey to casein ratio).
- Contains omega 3 DHA and omega 6 AA long chain polyunsaturated fatty acids (LCPUFAs).
- Contains nucleotides.
- Contain Nutricia's unique prebiotic blend of scGOS/lcFOS (9:1).

## Amino Acid Composition

	g/100g Protein equivalent
L-Alanine	4.4
L-Arginine	3.2
L-Aspartic acid	9.9
L-Cysteine	1.8
L-Glutamic acid	21.1
Glycine	2
L-Hystidine	2.4
L-Isoleucine	5.4
L-Leucine	10.7
L-Lysine	9.2
L-Methionine	2.4
L-Phenylalanine	4.2
L-Proline	7.5
L-Serine	5.9
L-Threonine	6
L-Tryptophan	1.6
L-Tyrosine	4.2
L-Valine	5.9

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Aptamil® Gold+ Term Ready-To-Feed contains 0.47g protein per 100kJ compared with Food Standards Australia New Zealand (FSANZ) maximum limit of protein for safety for formula-fed infants of 0.7g per 100kJ for infant formula. FSANZ. Standard 2.9.1 Infant formula products [Internet]. Canberra; Australia Government; 2015 [cited 2023 December 18] <https://www.legislation.gov.au/Details/F2023C00749>  
**References:** 1. Embleton ND, et al. *J Pediatr Gastroenterol Nutr.* 2023;76(2):248–68. 2. Koletzko B, et al. *Am J Clin Nutr.* 2009;89(6):1836–1845. doi:10.3945/ajcn.2008.27091. 3. Moro G, et al. *JPGN.* 2002; 34: 291–295. 4. Knol J, et al. *JPGN.* 2005; 40: 36–42. 5. Scholtens PAMJ, et al. *Journal of Nutrition.* 2008; 138: 1141–47. 6. Bruzzese E, et al. *Clinical Nutrition* 2009;28:156–61. 7. Arslanoglu S, et al. *Journal of Nutrition* 2007; 137: 2420–24.

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**BREAST MILK IS BEST FOR BABIES:** Professional advice should be followed before using an infant formula. Partial bottle feeding could negatively affect breastfeeding. Good maternal nutrition is important for breastfeeding and reversing a decision not to breastfeed may be difficult. Infant formula should be used as directed. Improper use of infant formula may affect the health of the baby. Social and financial implications should be considered.

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