

Hold on to what matters with Souvenaid®



FEATURES

- ✓ Souvenaid® powder contains the same multivitamin combination as Souvenaid® liquid, proven to support memory function in early Alzheimer's disease when taken daily for at least 6 months.¹⁻³
- ✓ A unique combination of nutrients formulated to support the growth of brain connections.⁴
- ✓ Join Souvenaid® Connections support program and benefit from exclusive member pricing on Souvenaid®, along with expert support from our nurse team, Careline nutritionists and dietitians.
- ✓ Convenient format for travel & storage.
- ✓ Available in 3 flavours.

DIRECTIONS FOR USE

- STEP 1:** Add 3 scoops of powder to a glass.
- STEP 2:** Add 100ml of water to the powder. Mix well until dissolved.
- STEP 3:** Consume entire serve immediately after preparation.

PURCHASE SOUVENAID®

- Order from Nutricia: join Souvenaid® Connections by registering at www.souvenaid.com.au or calling **1800 319 420** to access expert support and member discounts.
- Potential funding available as part of Support at Home. Eligibility criteria apply*
- Buy in-store from your **local pharmacy**

IMPORTANT NOTICE

- For oral consumption only.
- Must be used under medical supervision.
- Not suitable as a sole source of nutrition. Only to be used in addition to the normal diet.

STORAGE

Store in a cool dry place. Use before the date on tin bottom. After opening, keep tin airtight & use contents within two weeks.



POWDERS ARE NOW AVAILABLE IN 3 FLAVOURS:

Vanilla & Banana

Lemon & Orange

NEW Chocolate Hazelnut

NUTRITIONAL INFORMATION

Serving size: Approximately 122 mL prepared Servings per pack: 12		Average Quantity per Serving
Energy	Kcal	140
	Kj	584
Protein	g	4.5
Carbohydrate	g	17.1
- Sugars	g	9.3
- Lactose	g	3.6
Fat, Total	g	5.9
- Phospholipids	mg	106
- Saturated	g	2.0
- Polyunsaturated	g	2.4
- Eicosapentaenoic acid (EPA)	mg	300
- Docosahexaenoic acid (DHA)	mg	1200
- Monounsaturated	g	1.3
Minerals		
Sodium	mg	201
Potassium	mg	340
Calcium	mg	86
Phosphorus	mg	173
Magnesium	mg	39
Chloride	mg	62
VITAMINS		
Vitamin A	µg-RE	207
Vitamin D	µg	1.0
Vitamin E	mg α-TE	40
Vitamin K	µg	7.9
Vitamin C	mg	482
Thiamin (B ₁)	mg	0.2
Riboflavin (B ₂)	mg	0.22
Niacin (B ₃)	mg	2.66
Vitamin B ₄	mg	1.0
Vitamin B ₁₂	µg	3.0
Folic acid	µg	400
Pantothenic acid (B ₅)	mg	0.81
Biotin	µg	5.0

Serving size: Approximately 122 mL prepared Servings per pack: 12		Average Quantity per Serving
TRACE ELEMENTS		
Choline	mg	400
Iron	mg	2.9
Zinc	mg	1.7
Manganese	mg	0.48
Copper	mg	0.32
Iodine	µg	33
Molybdenum	µg	12.8
Selenium	µg	60
Chromium	µg	23.4
Uridine 5' monophosphate	mg	625



Ingredients Souvenaid® Powder Chocolate Hazelnut:

Dried omega LCPUFAs[#] (tuna fish oil, glucose syrup, sodium caseinate (milk), antioxidants (sodium ascorbate, mixed tocopherols, ascorbyl palmitate), whey protein (milk), dipotassium phosphate, emulsifier (471), anti-caking agent (551), skim milk powder, sugar, maltodextrin, cocoa powder, choline bitartrate, uridine 5' monophosphate, flavours (Chocolate and hazelnut (soy)), soy lecithin.

[#]Long Chain Polyunsaturated Fatty Acids.

Minerals

Potassium, sodium, phosphorus, magnesium, iron, zinc, manganese, copper, selenium, iodine, chromium, molybdenum.

Vitamins

Vitamins (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D₃, E, K), folic acid, biotin.

Allergen Information

Contains milk, fish, soy.

Souvenaid® is a food for special medical purposes and must be used under medical supervision

For more information visit hcp.souvenaid.com.au or call 1800 438 500

*Souvenaid® is included and can be funded as part of Support at Home if aligned with the patient's identified needs and preferences and when recommended by a healthcare professional.
References: 1. Scheltens P et al. *Alzheimers Dement* 2010; 6: 1-10.e1 2. Scheltens P et al. *J Alzheimers Dis* 2012; 31: 225-236 3. Soininen H et al. *Alzheimer's Dement.* 2020; 1-12 4. Sijben et al. *OCL* 2011;18;267-270

There are minor variations in the ingredients list between different flavours. For the full ingredients list, please contact the Souvenaid® customer care team on 1800 319 420.

Abbreviations: DHA: docosahexaenoic acid, EPA: eicosapentaenoic acid (DHA & EPA are omega-3 polyunsaturated fatty acids). Souvenaid® is a food for special medical purposes for the dietary management of early Alzheimer's disease. Souvenaid® must be used under medical supervision.

Nutricia Pty Ltd. 821 Pacific Highway, The Zenith, Tower B, Level 12, Chatswood, NSW 2067 Australia. POWDER FS1