

Aptamil® AllerPro Syneo™ 3

From 1 year

Indications

Suitable for toddlers with confirmed mild to moderate cows' milk and/or soy protein allergy.

Order information

Contact Nutricia Customer Care 1800 889 480

Size	Code	Units per carton
900g	146916	6

Product Information

A premium extensively hydrolysed formulation (eHF) for toddlers with confirmed mild to moderate cows' milk and/or soy protein allergy. Contains extensively hydrolysed proteins for the dietary management of allergy symptoms. Aptamil® AllerPro Syneo™ Young Child Formula is a food for special medical purpose for the dietary management of cow's milk allergy (not anaphylaxis) in young children. To be used under medical supervision and not to be used as a sole source of nutrition. Available in pharmacy without a script (Australia only).

Features

Cows' milk allergy (CMA) is a common condition that can persist until 3 to 5 years of age, putting children at risk of nutritional deficiencies associated with a restrictive diet.[1,2] Aptamil® AllerPro Syneo™ Young Child Formula supports normal growth and development in toddlers with CMA as part of a healthy varied diet, and may help reduce the risk of nutritional deficiencies associated with a restrictive diet.[2] Aptamil® AllerPro Syneo™ is the only extensively hydrolysed formulation containing Nutricia's patented blend of prebiotics and probiotics for the dietary management of cows' milk allergy (not anaphylaxis).

Effective dietary management

- Tolerated by 97% of children with confirmed cows' milk allergy.[3]

Recommended

- Children with multiple food allergies may need to continue on specialised formula to meet their nutritional requirements as the nutrient profile is better for growth than cereal or nut based drinks.[1]

Go beyond symptom relief

- Unique synbiotic blend of prebiotics and probiotics.
- Prebiotics: 90% short chain galacto-oligosaccharides (scGOS): 10% Fructo-oligosaccharides (lcFOS).
- Probiotic: Bifidobacterium breve M-16V.

Pleasant tasting

Contraindications for use

Allergy to extensively hydrolysed cows' milk formula, severe (anaphylactic) cows' milk protein allergy, galactosemia, malabsorption and primary lactose intolerance.

Direction of Use

- Wash hands before preparing the feed. Wash and rinse cup and all utensils thoroughly.
- Using the scoop enclosed, add 8 level scoops of powder to 240mL of drinking water. Fill the scoop lightly using the built in leveler. For smaller volumes simply add 1 scoop to each 30mL of water.
- Whisk, shake or stir the mixture briskly to dissolve powder. Serve immediately, or for a cold drink chill in the coldest part of the refrigerator for 1 hour before serving. For a warm drink, heat slightly before serving.

It is safer to use Aptamil® AllerPro Syneo™ Young Child Formula immediately after it is prepared. Discard unfinished drinks. Aptamil® AllerPro Syneo™ Young Child Formula mixes easily in cool or luke warm water. It has a pleasant taste and it can be used on its own or mixed with other suitable foods.

Fruit Smoothie Recipe Blend or whisk ½ cup (prepared as above) of Aptamil® AllerPro Syneo™ Young Child Formula and ½ cup fruit. Serve cold for a special treat or as a nutritious and great tasting snack.

Storage

- Store in a cool, dry place.
- Use by the date on bottom of the container.
- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
From 1 year	240mL	8	2

*1 scoop = 4.6g of powder. NOTE: 1 scoop of powder added to 30mL of water yields approximately 33.3mL of formula. This feeding guide is a general guide ONLY; your child may need more or less than shown.

Allergen and Cultural Information

Contains cows' milk and fish.

Nutritional Information

Average contents	Per 100mL
NUTRITION INFORMATION	
Energy	66 kcal
	275 kJ
Protein	1.6 g
Carbohydrates	**7.5 g**
Lactose	2.8 g
Total Fat	**3.1 g**
OMEGA LCPUFAS[a]	
Arachidonic Acid (AA)	**16.3 mg**
Docosahexaenoic Acid (DHA)	**16.3 mg**
MINERALS	
Calcium	**75 mg**
Potassium	**86 mg**
Phosphorus	**47 mg**
Chloride	**50 mg**
Sodium	**21 mg**
Magnesium	**7.2 mg**
Iron	**0.98 mg**
Zinc	**0.65 mg**
Copper	**51 µg**
Manganese	**6.5 µg**
Selenium	**3.0 µg**
Iodine	**12.4 µg**

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VITAMINS	
Vitamin A	57 ug-RE
Vitamin D	1.6 µg
Vitamin E	1.1 mg
Vitamin K	4.3 µg
Thiamin (B_1)	62 µg
Vitamin B_2	137 µg
Vitamin B_6	43 µg
Vitamin B_{12}	0.16 µg
Niacin (B_3)	0.44 mg
Folate	13.5 µg
Vitamin C	8.2 mg
Biotin	1.8 µg
Pantothenic Acid (B_5)	0.53 mg
OTHERS	
Choline	14.2 mg
Taurine	4.9 mg
Inositol	6.7 mg
L-carnitine	1.9 mg
NUCLEOTIDES	
Cytidine-5′-monophosphate	0.77 mg
Uridine-5′-monophosphate	0.55 mg
Adenosine-5′-monophosphate	0.48 mg
Inosine-5′-monophosphate	0.32 mg
Guanosine-5′-monophosphate	0.16 mg
PREBIOTICS	
scGOS ^	0.72 g
lcFOS ^^	0.08 g

a Long chain polyunsaturated fatty acids

^ short chain Galacto – Oligosaccharides

^^ long chain Fructo - Oligosaccharides

Ingredients

Maltodextrin, whey protein hydrolysate (contains **milk**), vegetable oils (antioxidant (ascorbyl palmitate, citric acid), galacto-oligosaccharides (contains **milk**), omega LCPUFAs (contains **fish,** antioxidant (mixed tocopherols, ascorbyl palmitate)), emulsifier (citric acid ester of mono- and diglycerides, sunflower lecithin), long chain fructo-oligosaccharides, choline chloride, L-tyrosine, inositol, taurine, Bifidobacterium breve M-16V, L-carnitine

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B_1, B_2, B_3, B_5, B_6, B_{12}, C, D_3, E, K_1), folic acid, biotin.

Nucleotides: Cytidine – 5′ monophosphate, uridine – 5′ monophosphate, adenosine – 5′ monophosphate, inosine – 5′ monophosphate, guanosine – 5′ monophosphate.

Aptamil® AllerPro Syneo™ Young Child Formula is based on extensively hydrolysed cows' milk protein

References

1. ASCIA. Cow's milk (dairy)allergy. Available at https://www.allergy.org.au/patients/food-allergy/cows-milk-dairy-allergy. Accessed October 2020.
2. Mehta H et al. Curr Opin Allergy Clin Immunol 2013;13:275–79.
3. Giampietro PG et al. Pediatr Allergy Immnol 2001;12:83–6.

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.

FOR HEALTHCARE PROFESSIONALS ONLY.