

Aptamil® AllerPro Syneo™ 2

6-12 months

Indications

Suitable for infants from 6 months with confirmed mild to moderate cows' milk and/or soy protein allergy (not anaphylaxis) as a partial of complete breast milk substitute as part of a mixed diet.

Order information

Contact Nutricia Customer Care 1800 889 480

Size	Code	Units per carton
900g	146915	6

Product Information

A premium extensively hydrolysed formula (eHF) for infants with confirmed mild to moderate cows' milk and/or soy protein allergy, requiring a partial or complete breast milk substitute as part of a mixed diet. Available in pharmacy and selected supermarkets in Australia. Available on prescription in New Zealand, fully PHARMAC funded.

Features

Cows' milk allergy is a common condition that affects around 1 in 50 infants across Australia and New Zealand.[1] Aptamil® AllerPro Syneo™ Follow-On formula reduces symptoms of cows' milk allergy. [2] Aptamil® AllerPro Syneo™ is the only extensively hydrolysed formulation containing Nutricia's patented blend of prebiotics and probiotics for the dietary management of cows' milk allergy (not anaphylaxis).

Effective dietary management

- Tolerated by 97% of infants with confirmed cows' milk allergy.[3]
- Reduces the symptoms of cows' milk allergy.[2]

Recommended

- A cows' milk based extensively hydrolysed formula (eHF) is recommended for formula fed infants with cows' milk allergy (not anaphylaxis).[1,4]

Go beyond symptom relief

- Unique synbiotic blend of prebiotics and probiotics to promote a gut microbiota closer to that of a breast fed infant.[5]
- Prebiotics: 90% short chain galacto-oligosaccharides (scGOS): 10% Fructo-oligosaccharides (lcFOS).
- Probiotic: *Bifidobacterium breve* M-16V.

Contraindications for use

Aptamil® AllerPro Syneo™ is not suitable for general use and should be used under medical supervision. It is not suitable for infants with anaphylactic (severe) cows' milk allergy.

Directions of Use

1. Wash hands before preparing the feed. Clean and then sterilise all utensils by boiling for 5 minutes or using an approved steriliser.
2. Boil safe drinking water and allow to cool to feeding temperature. CONSULT FEEDING GUIDE. Measure the required volume of water into a sterilised feeding bottle.
3. Use only the enclosed scoop. Fill the scoop lightly and level off using the built-in leveler. Avoid compacting the powder.
4. Always add 1 level scoop of powder for each 30mL of water. Cap the bottle and shake briskly to dissolve the powder.
5. Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds.

Prepare each bottle separately. It is safer to use Aptamil AllerPro Syneo Follow-On Formula immediately after it is prepared.

Storage

- Store in a cool, dry place.
- Use by the date on bottom of the container.
- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
6 – 9 months	240mL	8	3 – 5
9 – 12 months	240mL	8	3 – 4

*1 scoop = 4.8g of powder. NOTE: 1 scoop of powder added to 30mL of water yields approximately 33.3 mL of formula. This feeding guide is a general guide ONLY.

Allergen and Cultural Information

Contains cows' milk and fish.

Nutritional Information

Average contents	Per 100mL
NUTRITION INFORMATION	
Energy	287 kJ
	69 kcal
Protein	1.7 g
Whey	**100 %**
Carbohydrates	**7.8 g**
Lactose	3.0 g
Total Fat	**3.2 g**
OMEGA LCPUFAS[a]	
Arachidonic Acid (AA)	**17.1 mg**
Docosahexaenoic Acid (DHA)	**17.1 mg**
MINERALS	
Calcium	**79 mg**
Potassium	**90 mg**
Phosphorus	**49 mg**
Chloride	**53 mg**
Sodium	**22 mg**
Magnesium	**7.6 mg**
Iron	**0.87 mg**
Zinc	**0.68 mg**
Copper	**53 µg**
Manganese	**6.4 µg**

Selenium	1.9 µg
Iodine	13.0 µg
VITAMINS	
Vitamin A	60 µg-RE
Vitamin D	1.7 µg
Vitamin E	1.2 mg
Vitamin K	4.5 µg
Thiamin (B_1)	65 µg
Vitamin B_2	143 µg
Vitamin B_6	44 µg
Vitamin B_{12}	0.16 µg
Niacin (B_3)	0.51 mg
Folate	14.2 µg
Vitamin C	8.5 mg
Biotin	1.8 µg
Pantothenic Acid (B_5)	0.56 mg
OTHERS	
Choline	15 mg
Taurine	5.1 mg
Inositol	7.0 mg
L-carnitine	2.0 mg
NUCLEOTIDES	
Cytidine-5′-monophosphate	0.88 mg
Uridine-5′-monophosphate	0.58 mg
Adenosine-5′-monophosphate	0.50 mg
Inosine-5′-monophosphate	0.34 mg
Guanosine-5′-monophosphate	0.17 mg
PREBIOTICS	
scGOS^	0.72 g
lcFOS^^	0.08 g
Osmolality	295 mOsm/kg H2O
[a] Long chain polyunsaturated fatty acids	
^ short chain Galacto – Oligosaccharides	
^^ long chain Fructo-Oligosaccharides	

Ingredients

Maltodextrin, whey protein hydrolysate (contains **milk**), vegetable oils (antioxidant (ascorbyl palmitate, citric acid)), galacto-oligosaccharides (contains **milk**), omega LCPUFAs (contains **fish,** antioxidant (mixed tocopherols, ascorbyl palmitate)), emulsifier (citric acid ester of mono- and diglycerides, sunflower lecithin), long chain fructo-

oligosaccharides, choline chloride, L- tyrosine, inositol, taurine, Bifidobacterium breve M-16V, L-carnitine.

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B_1, B_2, B_3,B_5, B_6, B_{12}, C, D_3, E,K_1,), folic acid, biotin.

Nucleotides: Cytidine – 5′ monophosphate, uridine – 5′ monophosphate, adenosine – 5′ monophosphate, inosine – 5′ monophosphate, guanosine – 5′ monophosphate.

Aptamil® AllerPro Syneo™ Follow-On Formula is based on extensively hydrolysed cows' milk protein.

References

1. ASCIA. Information for patients, consumers and carers. Cow's milk (dairy) allergy. Available at https://www.allergy.org.au/patients/food-allergy/cows-milk-dairy-allergy Accessed Nov 2020.
2. Verwimp JM et al. Eur J Clin Nutr 1995;49(1):S39–48.
3. Giampietro PG et al. Pediatr Allergy Immnol 2001;12:83–6.
4. Kemp AS et al. MJA 2008;188(2):109–112.
5. van der Aa, et al. Clin Exp Allergy, 2010;40:795-804.

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.
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