

Aptamil® AllerPro Syneo™ 1

0-6 Months

Indications

Suitable for infants with confirmed mild to moderate cows' milk and/or soy protein allergy as a partial or complete breast milk substitute.

Order information

Contact Nutricia Customer Care 1800 889 480

Size	Code	Units per carton
900g	146914	6

Product Information

A nutritionally complete, premium extensively hydrolysed formula (eHF) for infants with confirmed mild to moderate cows' milk and/or soy protein allergy, requiring a partial or complete breast milk substitute. Available in pharmacy and selected supermarkets without a script in Australia. Available on prescription in New Zealand, fully PHARMAC funded.

Features

Cows' milk allergy is a common condition that affects around 1 in 50 infants across Australia and New Zealand.[1] Aptamil® AllerPro Syneo™ is a nutritionally complete infant formula that reduces symptoms of cows' milk allergy.[2] Aptamil® AllerPro Syneo™ is the only extensively hydrolysed formula containing Nutricia's patented blend of prebiotics and probiotics for the dietary management of cows' milk allergy (not anaphylaxis).

Effective dietary management

- Tolerated by 97% of infants with confirmed cows' milk allergy.[3]
- Reduces the symptoms of cows' milk allergy.[2]

1st Line

- A cows' milk based extensively hydrolysed formula (eHF) is recommended first line (not anaphylaxis).[1,4*]

Go beyond symptom relief

- Unique synbiotic blend of prebiotics and probiotics to promote a gut microbiota closer to that of a breast fed infant.[6]
- Prebiotics: 90% short chain galacto-oligosaccharides (scGOS): 10% Fructo-oligosaccharides (lcFOS).
- Probiotic: *Bifidobacterium breve* M-16V.

Contraindications for use

Aptamil® AllerPro Syneo™ Infant Formula is not suitable for general use and should be used under medical supervision. It is not suitable for infants with anaphylactic (severe) cows' milk allergy.

Direction of use

1. Wash hands before preparing the feed. Clean and then sterilise all utensils by boling for 5 minutes or using an approved steriliser.
2. Boil safe drinking water and allow to cool to feeding temperature. CONSULT FEEDING GUIDE. Measure the required volume of water into a sterilised feeding bottle.
3. Use only the enclosed scoop. Fill the scoop lightly and level off using the built-in leveler. Avoid compacting the powder.
4. Always add 1 level scoop of powder for each 30mL of water. Cap the bottle and shake briskly to dissolve the powder.
5. Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds.

Prepare each bottle separately. It is safer to use Aptamil® Allerpro Syneo™ Infant Formula immediately after it is prepared. Product is packed by weight, not volume. Some settling of the powder may occur during transport and distribution.

Storage

- Store in a cool, dry place.

- Use by the date on bottom of the container.
- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
Up to 2 weeks	60mL	2	7 – 8
2 weeks to 1 month	90mL	3	6 – 8
1 to 2 months	150mL	5	5 – 6
2 to 4 months	210mL	7	4
4 to 6 months	240mL	8	4
Over 6 months	240mL	8	3 – 5

*1 scoop = 4.6g of powder. NOTE: 1 scoop of powder added to 30mL of water yields approximately 33.3 mL of formula. This feeding guide is a general guide ONLY.

Allergen and Cultural Information

Contains cows' milk and fish.

Nutritional Information

Average contents	Per 100ml
NUTRITION INFORMATION	
Energy	275 kJ
	66 kcal
Protein	1.6 g
Whey	**100 %**
Carbohydrates	**7.5 g**
Lactose	2.9 g
Total Fat	**3.1 g**
OMEGA LCPUFAS[a]	
Arachidonic Acid (AA)	**16.3 mg**
Docosahexaenoic Acid (DHA)	**16.3 mg**
MINERALS	

Calcium	75 mg
Potassium	86 mg
Phosphorus	47 mg
Sodium	21 mg
Chloride	50 mg
Magnesium	7.2 mg
Iron	0.83 mg
Zinc	0.65 mg
Copper	51 µg
Manganese	6.1 µg
Selenium	1.8 µg
Iodine	12.4 µg
VITAMINS	
Vitamin A	57 µg-RE
Vitamin D	1.6 µg
Vitamin E	1.1 mg
Vitamin K	4.3 µg
Thiamin (B_1)	62 µg
Vitamin B_2	137 µg
Vitamin B_6	42 µg
Vitamin B_{12}	0.16 µg
Niacin (B_3)	0.48 mg
Folate	13.5 µg
Vitamin C	8.2 mg
Biotin	1.8 µg
Pantothenic Acid (B_5)	0.53 mg
OTHER	
Choline	14.2 mg
Taurine	4.9 mg
Inositol	6.7 mg
L-carnitine	1.9 mg
NUCLEOTIDES	
Cytidine-5′-monophosphate	0.84 mg
Uridine-5′-monophosphate	0.55 mg
Adenosine-5′-monophosphate	0.48 mg
Inosine-5′-monophosphate	0.32 mg
Guanosine-5′-monophosphate	0.16 mg
PREBIOTICS	
scGOS^	0.72 g
lcFOS^^	0.08 g
Osmolality	295

	mOsmol/kgH_2O

[a] LCPUFAs - Long chain polyunsaturated fatty acids
^ short chain Galacto –Oligosaccharides
^^ long chain FructoOligosaccharides

Ingredient

Maltodextrin, whey protein hydrolysate (contains **milk**), vegetable oils (antioxidant (ascorbyl palmitate, citric acid)), galacto-oligosaccharides (contains **milk**), omega LCPUFAs (contains **fish,**
antioxidant (mixed tocopherols, ascorbyl palmitate)), emulsifier (citric acid ester of mono and diglycerides, sunflower lecithin), long chain fructo-oligosaccharides, choline chloride, L-tyrosine, inositol, taurine, *Bifidobacterium breve* M-16V, L-carnitine.

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B_1, B_2, B_3,B_5, B_6, B_{12}, C, D_3, E,K_1), folic acid, biotin.

Nucleotides: Cytidine – 5′ monophosphate, uridine – 5′ monophosphate, adenosine – 5′ monophosphate, inosine – 5′ monophosphate, guanosine – 5′ monophosphate.

Aptamil ®AllerPro Syneo™ Infant Formula is based on extensively hydrolysed cows' milk protein.

References

1. ASCIA. Information for patients, consumers and carers. Cow's milk (dairy) allergy. Available at https://www.allergy.org.au/patients/food-allergy/cows-milk-dairy-allergy Accessed December 2019.
2. Verwimp JM et al. Eur J Clin Nutr 1995;49(1):S39–48.
3. Giampietro PG et al. Pediatr Allergy Immnol 2001;12:83–6.
4. Kemp AS et al. MJA 2008;188(2):109–112.
5. van der Aa, et al. Clin Exp Allergy, 2010;40:795-804.

*Below 6 months

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.
FOR HEALTHCARE PROFESSIONALS ONLY.