

NUTRICIA Forticreme® Complete

1.6 kcal

NEW



Forticreme® Complete is a dessert-style oral nutritional supplement (ONS) designed for malnourished patients seeking variety in taste and texture – offering an indulgent experience that feels like an everyday treat.

Forticreme® Complete's low volume and unique dessert-style texture make it a convenient and effective option to enhance nutritional intake.¹

- ✓ Low volume, 125g pot, to support improved compliance.¹
- ✓ Nutritionally complete and can be used as sole source of nutrition (SSON).
- 3x **Recommended intake:** 1–3 servings per day (Achieves ESPEN* guidelines in 3 servings).
- ✓ Easy to hold, ergonomic packaging.



High energy
200kcal per 125g



High protein 12g
per 125g



Enriched with all
essential minerals,
vitamins and trace
elements



Ready-to-eat,
spoonable ONS

Available in 3 flavours:



Vanilla



Chocolate



Forest Fruit

INFORMATION FOR HEALTHCARE PROFESSIONALS ONLY.

Forticreme® Complete is a food for special medical purposes and must be used under medical supervision.

*ESPEN: The European Society for Clinical Nutrition and Metabolism

References : 1.Lombard, et al. Nutr Health Aging. 2014;18(7):649-653.

ORDERING INFORMATION

To order contact Nutricia Customer Care 1800 889 480

Forticreme® Complete	Format	Product Code	Units per carton
Vanilla	125g pot	174176	24
Chocolate	125g pot	174173	24
Forest Fruit	125g pot	174174	24

Check other access options on our website:



NUTRITIONAL INFORMATION**

Vanilla flavour — per 100g

Nutritional Profile	per 100g
Energy	675 kJ / 160 kcal
Fat (28% energy)	5.1 g (of which saturated: 0.59 g)
Carbohydrates (47% energy)	19.1 g (of which sugars: 10.7 g, lactose: 0.044 g)
Fibre	<0.5 g
Protein (24% energy)	9.6 g
Salt	0.19 g

Micronutrients	per 100g
Iron	2.32 mg
Zinc	1.47 mg
Copper	0.29 mg
Manganese	0.15 mg
Fluoride	0.13 mg
Molybdenum	12.7 µg
Selenium	10.6 µg
Chromium	8.4 µg
Iodine	28.6 µg

Vitamins	per 100g
Vitamin A	140 µg
Vitamin D	2.08 µg
Vitamin E	2.33 mg
Vitamin K	9.29 µg
Thiamine (B1)	0.27 mg
Riboflavin (B2)	0.29 mg
Niacin	3.94 mg
Pantothenic acid	0.89 mg
Vitamin B6	0.3 mg
Folic acid	42.8 µg
Vitamin B12	0.59 µg
Biotin	6.3 µg
Vitamin C	16.2 mg

Minerals	per 100g
Sodium	75.4 mg
Potassium	258 mg
Chloride	61.3 mg
Calcium	117 mg
Phosphorus	122 mg
Magnesium	19.2 mg

INGREDIENTS**

Vanilla flavour

Water, cow's milk proteins, sugar, glucose syrup, vegetable oils (rapeseed oil, sunflower oil), modified starch, potassium citrate, emulsifier (mono- and Dipotassium hydrogen phosphate), flavoring, dipotassium phosphate, choline chloride, acid regulator (citric acid), stabiliser (carrageenan), magnesium hydroxide, sodium L-ascorbate, maltodextrin, sodium chloride, potassium hydroxide, iron lactate, sodium hydroxide, zinc sulfate, copper gluconate, nicotinamide, DL- α -tocopheryl acetate, coloring (curcumin), calcium-D-pantothenate, cholecalciferol, thiamine hydrochloride, manganese sulfate, pyridoxine hydrochloride, sodium fluoride, riboflavin, retinyl acetate, cyanocobalamin, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, D-biotin, phytomenadione.

Contains: Milk

** Please note the ingredients list and nutritional information is for Vanilla flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional informational for other flavours, please contact the Nutricia Clinical Care Line on 1800 060 051.

USAGE

Forticreme® Complete is a food for special medical purposes for the dietary management of disease-related malnutrition. Suitable as a sole source of nutrition. Use only under medical supervision.

STORAGE

Store in a cool, dry place. Once opened store in the refrigerator. Discard unused content after 24 hours.

NUTRICIA
CARELINE

For more information call the
Nutricia Careline 1800 438 500

Monday to Friday, between 7.30am and
5pm (AEST), excluding public holidays.

Email: nccl@nutricia.com

Scan to learn more
about Nutricia



nutricia.com.au/adult

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NUTRICIA
LIFE-TRANSFORMING NUTRITION