

**NUTRICIA**

LIFE-TRANSFORMING NUTRITION

**AGED CARE  
PRODUCT RANGE**

# SUPPORTING OLDER ADULTS WITH MEDICAL NUTRITION

**FOR HEALTHCARE PROFESSIONALS ONLY.**

Fortisp® and Souvenaid® are foods for special medical purposes and must be used under medical supervision.



## MALNUTRITION

# FORTISIP COMPACT PROTEIN

2.4 kcal/ml

- **Compact 125ml formula**, designed to support patient adherence.<sup>1,2</sup>
- **Easy to use**, ready-to-drink format.
- **18g protein** and **300kcal** per 125ml bottle.
- **Low lactose** (<2g Lactose / 100ml).
- **Evidence based**, backed by over 15 studies, over half of which were conducted in older malnourished adults.<sup>3-17</sup>
- **User-friendly bottle**: ergonomic plastic bottle, with resealable easy to open cap.



### FORTISIP COMPACT FIBRE HIGH ENERGY, LOW VOLUME 2.4 kcal/ml



125ml  
300kcal  
12g protein  
4.5g fibre

Vanilla

Strawberry

### FORTISIP PLANTBASED HIGH QUALITY PLANT PROTEIN 1.5 kcal/ml



200ml  
300kcal  
12g protein

Mocha

Mango Passionfruit

### FORTIJUICE JUICE STYLE 1.5 kcal/ml



200ml  
300kcal  
7.8g protein  
Fat free  
Reduced mineral content

Tropical

Apple

### FORTISIP 2KCAL HIGH ENERGY, HIGH PROTEIN 2.0 kcal/ml



200ml  
400kcal  
20g protein

Vanilla

### FORTISIP HIGH ENERGY 1.5 kcal/ml



200ml  
300kcal  
12g protein

Vanilla

Chocolate

Strawberry

Banana

### FORTISIP MULTI FIBRE UNIQUE FIBRE BLEND 1.5 kcal/ml



200ml  
300kcal  
12g protein  
4.4g Mf6\* fibre blend

Vanilla

Chocolate

Strawberry

\* Mf6 is a patented blend of six soluble and insoluble fibres.

## MALNUTRITION

### DIABETES

**DIASIP**  
OPTIMAL MACRONUTRIENT RATIO  
FOR IMPAIRED GLUCOSE TOLERANCE  
1.04 kcal/ml



200ml  
208kcal  
9.8g protein

Vanilla

### WOUNDS

**CUBITAN**  
SUPPORTS TISSUE REGENERATION  
AND COLLAGEN SYNTHESIS  
1.24 kcal/ml



200ml  
250kcal  
18g protein

Vanilla

### RENAL DISEASE



**RENILON 7.5**  
HIGH PROTEIN  
REQUIRING DIALYSIS  
2.0 kcal/ml  
125ml  
249kcal  
9.8g protein

Caramel



**RENILON 4.0**  
LOW PROTEIN  
TYPICALLY PRE-DIALYSIS  
2.0 kcal/ml  
125ml  
249kcal  
5g protein

Apricot

## EARLY ALZHEIMER'S DISEASE INCLUDING MILD COGNITIVE IMPAIRMENT (MCI)

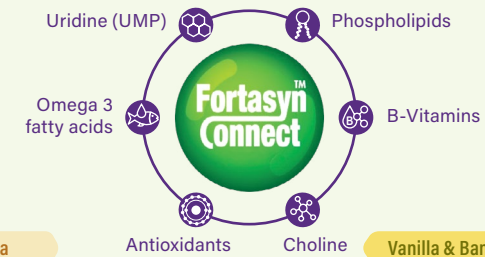
### SOUVENAIID® LIQUID 125ML 1.0 kcal/ml



Vanilla

Strawberry

Cappuccino



### SOUVENAIID® POWDER 360G 1.0 kcal/ml



Vanilla & Banana

Lemon & Orange

Chocolate Hazelnut

Souvenaid® is designed to be taken as one bottle (125ml) or one serve (3 scoops of powder mixed with 100ml water) once a day, in addition to the patient's normal dietary intake.

## SUPPORT MEMORY FUNCTION IN EARLY ALZHEIMER'S DISEASE, INCLUDING MCI, WITH SOUVENAIID<sup>18-20</sup>



**CONTAINS A UNIQUE COMBINATION OF NUTRIENTS KNOWN AS FORTASYN CONNECT** formulated to nutritionally support the growth of brain connections.<sup>21</sup>



### 20 YEARS OF RESEARCH

Backed by 20 years of research, supported by an ongoing research program.<sup>18-20, 22</sup>



### SAFE AND WELL TOLERATED

Souvenaid® liquid has been found to be safe and well tolerated when used alone or alongside common Alzheimer's disease medications.<sup>18-20, 22</sup>

# HOW TO ACCESS FORTISIP® AND SOUVENAID®:



## Do you have questions about best ways to access?

Contact your local Nutricia Business Development Manager to discuss tailored solutions for your setting.



## Funded access

If the individual you support is eligible for a Home Care Package (transitioning to the Support at Home program from 1<sup>st</sup> November), NDIS funding, or holds a DVA Card, they may be able to use this funding to purchase Fortisip® or Souvenaid®. For more information, please contact your Home Care provider or Nutricia Careline team on 1800 438 500.

## NUTRICIA EXPERTISE IS HERE TO SUPPORT YOU



### Product & nutrition advice

If you're unsure which product is most suitable for the individual's unique needs, our Careline team of expert health professionals can provide free product support, information, and general nutrition advice. Email: [nutriciacareline@danone.com](mailto:nutriciacareline@danone.com) 📞 1800 438 500 (Mon–Fri, 7:30am–5:00pm AEST)



### Clinical support

Our national team of registered nurses, experienced in enteral feeding, is available on 📞 1300 557 397 (Mon–Fri: 7am–9pm | Weekends & Public Holidays: 9am–5pm AEST)



### Education & training support

Please contact your Nutricia Business Development Manager to understand what tailored education and support is available for your organisation.

## SCAN THE QR CODE TO ORDER A FREE SAMPLE

Fortisip®, Souvenaid®, Renilon, Cubitan and Diasip are foods for special medical purposes and must be used under medical supervision.

### FOR HEALTHCARE PROFESSIONAL USE ONLY - NOT FOR DISTRIBUTION TO THE GENERAL PUBLIC

References: 1. Hubbard G, et al. Clin Nutr. 2012;31(3):293-312. 2. Hubbard G, et al. Proc Nutr Soc. 2010; 69(OCE2). 3. Smith TR, et al. Nutrients. 2020;12(2):517. 4. Grönstedt H, et al. JAMDA. 2020;21(9):1229-1237. 5. Ter Wee P, et al. J Nutr Health Aging. 2016;20(9):944-51. 6. Aldhahir AM, et al. ERJ Open Res. 2021;7(1):00077-2021. 7. Brown F, et al. J Nutr Health Aging. 2020;24(3):305-11. 8. Dingemans A, et al. Nutrients. 2023;15(24):5030. 9. Frederiksen AKS, et al. Clin Nutr Open Sci. 2022;42:148-159. 10. Grupińska J, et al. Nutrients. 2021;13(10):3549. 11. Leon-Sanz M, et al. Front Nutr. 2023;10:1182445. 12. Obukhova O, et al. ESPEN. 23-ABS-1385. 13. Pedersen MM, et al. Trials. 2019;20(1):655. 14. Roberts S, et al. Abstract LB71-T. Clinical Nutrition ESPEN 58(2023):424-750. 15. Torrinhas RS, et al. Nutr Clin Pract. 2022;37:1152-1161. 16. Vikstrom S, et al. BMC Geriatrics. 2020;20(1):324. 17. Ziętarska M, et al. Nutrients. 2017;9(10):1108. 18. Scheltens P et al. Alzheimers Dement 2010; 6: 1-10.e1. 19. Scheltens P et al. J Alzheimers Dis 2012; 31: 225-236. 20. Soirinen H, et al. Alzheimer's Dement. 2021;17:29-40. 21. Sijben et al. OCL 2011;18:267-270. 22. Shah RC et al. Alzheimers Res Ther 2013; 5: 59. Nutricia Australia Pty Ltd. The Zenith, Tower B, Level 12, 821 Pacific Highway, Chatswood, NSW, 2067, Australia. NC5056-Aug25