NUTRICIA
LIFE-TRANSFORMING NUTRITION

NUTRISON ENERGY MULTI FIBRE

A nutritionally complete, high energy, fibre enriched, ready-to-use enteral tube feed.

FEATURES

- **Suitable as a sole source of nutrition^**
- **15g of MF6# fibre blend per 1000ml pack:** to help maintain normal bowel function.[1]
- **Plant-dominant P4 protein blend:** Non-coagulating, high-quality protein blend to support gastrointestinal (GI) tolerance, muscle and immune function.[2-17]
- **Docosahexaenoic acid (DHA) and Eicosapentaenoic acid (EPA) :** for inflammation and immune function.[18,19]
- **Enriched with carotenoids:** in line with general health recommendations for their antioxidant properties and positive effect on immune function. [20,21]
- **500mL and 1000mL ready-to-hang OpTri bottle:** suitable for closed system or open system feeding via ISO compliant flip-top screw cap.

Ordering Information

To order contact Nutricia Customer Experience **0800 688 747**

Nutrison Energy Multi Fibre	Product code	Units per carton
1000ml OpTri bottle	196327	8

Ingredients

Nutrison Energy Multifibre: Water, Maltodextrin, Vegetable oils (Rapeseed oil, Sunflower oil), **Soy** protein, Dried Glucose Syrup, Pea protein isolate, Sodium caseinate (from cow's **milk**), Inulin, Whey protein (from cow's milk), Potassium citrate, Oligofructose, Emulsifier (**Soy** lecithin), Gum Arabic, **Soy** fibre, Calcium carbonate, **Fish** oil (**soy**), Cellulose, Sodium chloride, Sodium citrate, Calcium phosphate, Carotenoids (**soy**) [Beta carotene, Lycopene oleoresin from tomatoes, Lutein], Magnesium hydrogen phosphate, Magnesium carbonate, Choline chloride, Sodium L-ascorbate, Potassium hydroxide, Resistant starch, Ferrous lactate, Zinc sulphate, Nicotinamide, Copper gluconate, Calcium D-pantothenate, Pyridoxine hydrochloride, Thiamin hydrochloride, Riboflavin, Manganese sulphate, Sodium fluoride, Retinyl acetate, DL-alpha tocopheryl acetate, Chromium chloride, Pteroylmonoglutamic acid, Sodium selenite, Potassium iodide, Phytomenadione, D-Biotin, Sodium molybdate, Cholecalciferol, Cyanocobalamin.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy and protein requirements.

Allergen & Cultural Information

- Contains: **milk, soy** and **fish**.
- Halal certified.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg)
- Low lactose (lactose <2g/100g).

Important Notice

- Not for parenteral use.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for children under 3 years of age. Intended for use by adults. Should be used with caution in children over 3 years and monitored by a Healthcare Professional.
- Use with caution in individuals with a seafood allergy.
- Must be used under medical supervision.

Directions for Use

- Shake well before use.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in a refrigerator for maximum 24 hours.

NUTRISON ENERGY MULTI FIBRE

NUTRITION INFORMATION		Per 100ml	Per 1000ml
Energy	kcal	153	1530
	kJ	643	6430
Protein	g	6 (16% E)	60
- Casein	g	0.96	9.6
- Whey	g	0.36	36
- Soy	g	2.8	28
- Pea	g	1.9	19
Carbohydrate	g	18.4 (48% E)	184
- Sugars	g	2.6	26
- as Lactose	g	<0.025	<0.25
Fat	g	5.8 (34% E)	58
- Saturates	g	0.7	7
- of which MCT	g	0	0
- Monounsaturates	g	3.2	32
- Polyunsaturates	g	1.9	19
- DHA	mg	13.9	139
- EPA	mg	20.1	201
- ω6:ω3		4.54:1	4.54:1
Fibre	g	1.5 (2% E)	15
Water	ml	76	760
Minerals		Per 100ml	Per 1000ml
Sodium	mg	135	1350
	mmol	5.87	58.7
Potassium	mg	201	2010
	mmol	5.14	51.4
Calcium	mg	120	1200
Phosphorus	mg	90	900
Magnesium	mg	31.2	312
Chloride	mg	100	1000
Ca:P ratio		1.33:1	1.33:1

Vitamins		Per 100ml	Per 1000ml
Vitamin A	µg	123	1230
Vitamin D	µg	2.55	25.5
Vitamin E	mg α-TE	1.95	19.5
Vitamin K	µg	12	120
Vitamin C	mg	19.5	195
Thiamin	mg	0.3	3
Riboflavin	mg	0.45	4.5
Niacin	mg NE	2.7	27
Vitamin B_6	mg	0.45	4.5
Vitamin B_{12}	µg	0.6	6
Folic Acid	µg	36	360
Pantothenic Acid	mg	0.63	6.3
Biotin	µg	4.5	45
Trace Elements		Per 100ml	Per 1000ml
Iron	mg	2.4	24
Zinc	mg	1.5	15
Manganese	mg	0.23	2.3
Copper	mg	0.22	2.2
Iodine	µg	21	210
Molybdenum	µg	16.5	165
Selenium	µg	8.55	85.5
Chromium	µg	9	90
Fluoride	mg	0.16	1.6
Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.3	3
Choline	mg	55.5	555
Osmolality	mOsmol/kg H_2O	620	620

Food for special medical purposes for use under medical supervision.

For more information call the
Nutricia Clinical Care Line 0800 438 500

MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.

^In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5

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