

NUTRISON

A nutritionally complete, fibre free, ready-to-use enteral tube feed.

FEATURES

- **Suitable as a sole source of nutrition[^]**
- **Plant-dominant P4 protein blend:** a non-coagulating, high-quality protein blend to support gastrointestinal (GI) tolerance, muscle and immune function.¹⁻¹⁶
- **No Added Fibre:** for patients requiring residue-restricted diets.
- **Docosahexaenoic acid (DHA) and Eicosapentaenoic acid (EPA) :** for inflammation and immune function.^{17,18}
- **Enriched with carotenoids:** in line with general health recommendations for their antioxidant properties and positive effect on immune function.^{19,20}
- **500mL and 1000mL ready-to-hang OpTri bottle:** suitable for closed system or open system feeding via ISO compliant flip-top screw cap.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients requiring a residue-restricted diet.

Important Notice

- For enteral use only. Not suitable for parenteral use.
- Not suitable for galactosaemic patients.
- Not suitable for children under 3 years of age.
- Intended for use by adults. Should be used with caution in children over 3 years of age and monitored by a Healthcare Professional.
- Must be used under medical supervision.

Directions for Use

- Shake well before use.
- When connected to giving set (aseptically handled, closed system) this bottle has a hanging time of maximum 24 hours. If the cap has been removed (used as an open system) then the bottle has a hanging time of maximum 8 hours.

Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in a refrigerator for maximum 24 hours.

Ordering Information

To order contact Nutricia Customer Experience **1800 889 480**.

Nutrison	Product code	Units per carton
500ml OpTri bottle	196496	12
1000ml OpTri bottle	196493	8

Ingredients

Nutrison: Water, Maltodextrin, Vegetable Oils (Rapeseed Oil, Sunflower Oil), **Soy** Protein, Pea Protein Isolate, Sodium Caseinate (from Cow's **Milk**), Whey Protein (from Cow's **Milk**), Acidity Regulator (Citric Acid), Emulsifier (**Soy** Lecithin), Potassium Citrate, **Fish** Oil (**Soy**), Calcium Phosphate, Sodium Chloride, Potassium Chloride, Potassium Hydroxide, Carotenoids (**Soy**): Beta Carotene, Lycopene Oleoresin (from Tomatoes), Lutein, Calcium Hydroxide, Magnesium Hydroxide, Choline Chloride, Sodium L-Ascorbate, Ferrous Lactate, Zinc Sulphate, Nicotinamide, Copper Gluconate, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Riboflavin, Manganese Sulphate, Sodium Fluoride, Retinyl Acetate, DL-Alpha Tocopheryl Acetate, Chromium Chloride, Pteroylmonoglutamic Acid, Sodium Selenite, Potassium Iodide, Phytomenadione, D-Biotin, Sodium Molybdate, Cholecalciferol, Cyanocobalamin.

Allergen & Cultural Information

- Contains: **milk, soy** and **fish**.
- Halal certified.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg)
- Low lactose (lactose <2g/100g).



NUTRISON

NUTRITION INFORMATION		Per 100ml	Per 1000ml
Energy	kcal	100	1000
	kJ	420	4200
Protein	g	4 (16% E)	40
- Casein	g	0.64	6.4
- Whey	g	0.24	2.4
- Soy	g	1.8	18
- Pea	g	1.3	13
Carbohydrate	g	12.4 (49% E)	124
- Sugars	g	0.81	8.1
- as Lactose	g	<0.025	<0.25
Fat	g	3.9 (35% E)	39
- Saturates	g	0.48	4.8
- of which MCT	g	0	0
- Monounsaturates	g	2.1	21
- Polyunsaturates	g	1.3	13
- DHA	mg	13.4	134
- EPA	mg	19.6	196
- ω6:ω3		4.3:1	4.3:1
Fibre	g	0	0
Water	ml	85	850
Minerals		Per 100ml	Per 1000ml
Sodium	mg	90	900
	mmol	3.91	39.1
Potassium	mg	150	1500
	mmol	3.84	38.4
Calcium	mg	80	800
Phosphorus	mg	60	600
Magnesium	mg	20.8	208
Chloride	mg	120	1200
Ca:P ratio		1.33:1	1.33:1

Vitamins		Per 100ml	Per 1000ml
Vitamin A	µg	82	820
Vitamin D	µg	1.7	17
Vitamin E	mg α-TE	1.3	13
Vitamin K	µg	8	80
Vitamin C	mg	13	130
Thiamin	mg	0.2	2
Riboflavin	mg	0.3	3
Niacin	mg NE	1.81	18.1
Vitamin B ₆	mg	0.3	3
Vitamin B ₁₂	µg	0.4	4
Folic Acid	µg	24	240
Pantothenic Acid	mg	0.42	4.2
Biotin	µg	3	30
Trace Elements		Per 100ml	Per 1000ml
Iron	mg	1.59	15.9
Zinc	mg	1	10
Manganese	mg	0.15	1.5
Copper	mg	0.15	1.5
Iodine	µg	14	140
Molybdenum	µg	11	1100
Selenium	µg	5.7	57
Chromium	µg	6	60
Fluoride	mg	0.12	1.2
Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.2	2
Choline	mg	37	370
Osmolality	mOsmol/kg H ₂ O	320	320

**Food for special medical purposes
for use under medical supervision.**

For more information call the
Nutricia Clinical Care Line 1800 060 051

^aIn accordance with Australia New Zealand Food Standards Code – Standard 2.9.5

REFERENCES 1. Kuyumcu S, et al. J Parenter Enteral Nutr. 2015; 39(5):544-51. 2. Goelen et al. Clin Nutr. 2021; 40(5):2663-72. 3. Van Eck EB, et al. Food Research International. 2024; 197(1):115162. 4. Van Den Berg C, et al. Clin Nutr ESPEN. 2024; 63:1310. 5. Nutricia. Digestibility of protein blend Nutrison. Data on file. 2023. 6. Veldhorst, M et al. Clin Nutr ESPEN. 2024; 63:1310. 7. Moughan PJ, et al. J Nutr. 2005;135(3):404-9. 8. Hertzler SR, et al. Nutrients. 2020;12(12):3704. 9. Rutherford SM, et al. J Nutr. 2015;145:372-9. 10. Food Agriculture Organization of the United Nations. Dietary Protein Quality Evaluation in Human Nutrition: Report of an FAO Expert Consultation, 31 March-2 April, 2011, Auckland, New Zealand: Food and Agriculture Organization of the United Nations; 2013. 11. Hofman Z, et al. Clin Nutr ESPEN. 2024; 63:1269-1270. 12. Gorissen S, et al. Amino Acids. 2018; 50:1685-1695. 13. Wu G, et al. Amino acids 2009; 37(1): 153-68. 14. Rosenthal MD, et al. J Nutr. 2016; 146(12): 2594s-600s. 15. Razak MA, et al. Oxid Med Cell Longev. 2017; 2017: 1716701. 16. Koopman R, et al. Curr Opin Clin Nutr Metab Care. 2017; 20(4): 237-42. 17. Jakobsen LH, et al. Clin Nutr. 2017; 36(2):30-88. 18. Torreon C, et al. Prostaglandins, Leukot Essent Fatty Acids. 2007; 77:319-326. 19. Hajizadeh-Sharafabad F, et al. Critical Reviews in Food Science and Nutrition. 2021; 62(29): 8161-8177. 20. Nachum Vaisman, N et al. Clinical Nutrition. 2006; 25(6): 897-905

NUTRICIA
LIFE-TRANSFORMING NUTRITION

Nutricia Australia Pty Ltd.
The Zenith, Tower B, Level 12,
821 Pacific Highway, Chatswood NSW Australia.
nutricia.com.au/adult/

June 2025