

# FORTISIP MULTI FIBRE

A ready-to-drink, high energy, fibre-enriched, nutritionally complete oral nutritional supplement.

# FEATURES

- Suitable as a sole source of nutrition<sup>^</sup>
- Suitable for oral or enteral use: can be consumed orally or delivered via an enteral feeding tube. Can be used to supplement intake or as a sole source of nutrition.
- 308kcal/bottle (1.5kcal/ml): energy dense to increase energy intake and improve body weight.<sup>1</sup>
- **4.4g of MF6\* fibre blend per 200ml bottle:** to help maintain normal bowel function.
- **3 flavours:** available in a variety of flavours (Vanilla, Chocolate and Strawberry) for patient choice.
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

## Indications

For use in the dietary management of:

- Disease related malnutrition
- Patients with high energy requirements

#### **Important Notice**

- Suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- Use with caution in children aged 3-6 years of age.
- Must be used under medical supervision.

#### **Directions for Use**

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in a refrigerator for maximum 24 hours.
- Discard unused contents after 24 hours.

## **Ordering Information**

To order contact Nutricia Customer Experience 1800 889 480.

Fortisip Multi Fibre	Presentation	Product code	Units per carton
Vanilla	200ml bottle	52360	24
Chocolate	200ml bottle	52357	24
Strawberry	200ml bottle	52359	24

### Ingredients\*\*

**Fortisip Multi Fibre Vanilla:** water, maltodextrin, cow's **milk** proteins, sugar, vegetable oils (rapeseed oil, sunflower oil), dietary fibres (**soy** polysaccharides, inulin, oligofructose, resistant starch, arabic gum, cellulose), potassium citrate, emulsifier (**soy** lecithin), flavouring, magnesium chloride, tri calcium phosphate, acidity regulator (citric acid), choline chloride, carotenoids (contains **soy**) (b-carotene, lutein, lycopene oleoresin from tomatoes), potassium hydroxide, calcium hydroxide, sodium L- ascorbate, ferrous lactate, magnesium hydroxide, zinc sulphate, colour (curcumin), nicotinamide, copper gluconate, retinyl acetate, DL-a tocopheryl acetate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, sodium fluoride, riboflavin, potassium iodide, phytomenadione.

## Allergen & Cultural Information

- Contains: milk and soy.
- Halal certified.
- To the best of our knowledge this product does not contain ingredients that are forbidden in the Kosher diet, however, the manufacturing processes have not been officially certified by the relevant religious bodies. Flavours containing carminic acid are not suitable for a kosher diet.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).</li>



# FORTISIP MULTI FIBRE

NUTRITION INFORMATIONPer 100mlPer 200mlEnergykcal154308kJ6451290Protein96(16% E)12Casein90102Casein9184 (48% E)368Soy90102Carbohydrate9184 (48% E)368Sugars96.8136as Lactose96.8136Saturates96.0254.005Fat95.8 (34% E)116Saturates93.57Polyunsaturates93.57Polyunsaturates93.57Polyunsaturates91.24.4wof / w3 ratio92.24.4Waterml76152Fibre92.24.4Waterml3.97.8Fodassiummg1.8178mmol3.97.8184Magnesiummg91.82Poloshorusmg7.7154Magnesiummg2.448Choridemg1.21121Vitamin Aµg86172Vitamin Mmg d.153.0Vitamin Mµg816Vitamin Mµg3.53.0Vitamin Mµg3.03.0Vitamin Mµg2.44.8Vitamin Mµg3.03.0Vitamin				
kJ6451290Protein96(16% E)12Casein95.9118Soy90.10.2Carbohydrate9184 (48% E)36.8Sugars96.813.6as Lactose9<0.025<0.05Fat95.8 (34% E)11.6Saturates90.612Monounsaturates93.57Polyunsaturates91.73.4o6 / w3 ratio92.24.4Water92.24.4Water93.5152Fibre92.24.4Waterml76152Minerals917.8Potassiummg159318mmol3.97.8Posphorusmg91182Calciummg91182Phosphorusmg77154Magnesiummg2448Chloridemg86172Vitamin Aµg-RE123246Vitamin Kµg816Vitamin Kµg816Vitamin Kµg3.03.0Niacinmg Na12.13.0Vitamin BEmg0.240.48Vitamin BEmg0.240.48Vitamin B12µg0.320.64Folic Acidµg4.080Potachanic Acidmg0	NUTRITION INFOR	MATION	Per 100ml	Per 200ml
Protein96 (16% E)12Casein95.9118Soy90.10.2Carbohydrate9184 (48% E)36.8Sugars96.813.6as Lactose9<0.025	Energy	kcal	154	308
Casein95.9118Soy90.10.2Carbohydrate918.4 (48% E)36.8Sugars96.813.6as Lactose9<0.025		kJ	645	1290
Soy         9         0.1         0.2           Carbohydrate         9         18.4 (48% E)         36.8           Sugars         9         6.8         13.6           as Lactose         9 $\langle 0.025$ $\langle 0.05$ Fat         9         5.8 (34% E)         11.6           Saturates         9         0.6         1.2           Monounsaturates         9         3.5         7           Polyunsaturates         9         1.7         3.4 $\omega 6 / \omega 3$ ratio         9         2.2         4.4           Water         ml         76         152           Fibre         9         2.2         4.4           Water         ml         76         152           Minerals         9         178         152           Mater         mg         89         178           mmol         3.9         78         181           Potassium         mg         159         318           fibro         mg         159         318           Calcium         mg         244         48           Choride         mg         12.1           <	Protein	9	6 (16% E)	12
Carbohydrate         9         18.4 (48% E)         36.8           Sugars         9         68         136           as Lactose         9 $\langle 0.025 \rangle$ $\langle 0.05 \rangle$ Fat         9 $5.8 (34\% E)$ 116           Saturates         9         0.6         12           Monounsaturates         9         3.5         7           Polyunsaturates         9         1.7         3.4 $\omega 6 / \omega 3$ ratio         5.2:1         5.2:1         5.2:1           Fibre         9         2.2         4.4           Water         ml         76         152           Minerals         9         7.8         178           Mmol         3.9         7.8           Potassium         mg         159         318           mmol         4.1         82           Choride         mg         24         48           Choride         mg         24         48           Choride         mg         86         172           Vitamin A         µg-RE         123         246           Vitamin A         µg         816         16	Casein	9	5.9	11.8
Sugars         9         6.8         13.6           as Lactose         9 $\langle 0.025 \rangle$ $\langle 0.05 \rangle$ Fat         9 $\delta.8 \langle 34\% E \rangle$ 11.6           Saturates         9 $0.6$ $12$ Monounsaturates         9 $3.5$ $7$ Polyunsaturates         9 $17$ $3.4$ $\omega 6 / \omega 3$ ratio         9 $2.2$ $4.4$ Water         9 $2.2$ $4.4$ Water         ml $76$ $152$ Minerals         9 $2.2$ $4.4$ Water         ml $76$ $152$ Minerals         9 $2.2$ $4.4$ Water         ml $76$ $152$ Minerals         9 $2.2$ $4.4$ Vater         ml $3.9$ $78$ Poly $3.9$ $78$ $78$ Potassium         mg $916$ $312$ Adapesium         mg $121$ $1221$ Magnesium	Soy	9	0.1	0.2
rsp.       rsp. <thrsp.< th="">       rsp.       rsp.</thrsp.<>	Carbohydrate	9	18.4 (48% E)	36.8
Fat         9         5.8 (34% E)         11.6           Saturates         9         0.6         1.2           Monounsaturates         9         3.5         7           Polyunsaturates         9         1.7         3.4 $\omega 6 / \omega 3$ ratio         52:1         52:1           Fibre         9         2.2         4.4           Water         ml         76         152           Minerals         mg         89         178           Sodium         mg         89         178           Minerals         mg         159         318           Potassium         mg         159         318           Magnesium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         244         48           Chloride         mg         86         172           Ca:P ratio         12:1         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin K         µg         8         16           Vitamin K         µg         8         16	Sugars	9	6.8	13.6
Saturates         9         0.6         1.2           Monounsaturates         9         3.5         7           Polyunsaturates         9         1.7         3.4 $\omega 6 / \omega 3$ ratio         52.1         52.1           Fibre         9         2.2         4.4           Water         ml         76         152           Minerals         Per 100ml         Per 200ml           Sodium         mg         89         178           Sodium         mg         159         318           Potassium         mg         159         318           Potassium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         244         48           Chloride         mg         86         172           Vitamin A         µg-RE         123         246           Vitamin A         µg -RE         123         246           Vitamin K         µg         8         16           Vitamin K         µg         8         16           Vitamin K         µg         0.23         0.46	as Lactose	9	<0.025	<0.05
Monounsaturates         9         3.5         7           Polyunsaturates         9         1.7         3.4 $\omega 6 / \omega 3$ ratio         52.1         52.1           Fibre         9         2.2         4.4           Water         ml         76         152 <b>Minerals</b> Per 100ml         Per 200ml           Sodium         mg         89         178           Sodium         mg         89         178           Potassium         mg         159         318           Potassium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         121         121         121           Vitamin A         μg-RE         123         246           Vitamin K         μg         8         16           Vitamin K         μg         8         16           Vitamin C         mg         123         0.46           Riboflavin         mg         0.23         0.46 <t< td=""><td>Fat</td><td>9</td><td>5.8 (34% E)</td><td>11.6</td></t<>	Fat	9	5.8 (34% E)	11.6
Polyunsaturates         9         17         3.4 $\omega 6 / \omega 3$ ratio         52:1         52:1           Fibre         9         2.2         4.4           Water         ml         76         152           Minerals         mg         89         178           Sodium         mg         89         178           Sodium         mg         159         318           Potassium         mg         159         318           Potassium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin A         µg-RE         123         246           Vitamin A         µg-RE         123         246           Vitamin A         µg-RE         138         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg         0.23         0.46           Niacin         mg NE         2.7         5.4	Saturates	9	0.6	1.2
$\omega \delta / \omega 3$ ratio         5.2           Fibre         g         5.2:1           Fibre         g         2.2         4.4           Water         ml         76         152           Minerals         Per 100ml         Per 200ml           Sodium         mg         89         178           Sodium         mg         159         318           Potassium         mg         159         318           Potassium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         244         48           Chloride         mg         86         172           Ca:P ratio         12:1         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin D         µg         11         2.2           Vitamin K         µg         8         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg	Monounsaturates	9	3.5	7
Fibre         g         2.2         4.4           Water         ml         76         152           Minerals         Per 100ml         Per 200ml           Sodium         mg         89         178           Sodium         mg         3.9         7.8           Potassium         mg         159         318           Potassium         mg         91         82           Calcium         mg         91         82           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         12:1         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin D         µg         11         2.2           Vitamin K         µg         8         16           Vitamin K         µg         8         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4	Polyunsaturates	9	1.7	3.4
Water         ml         76         152           Minerals         Per 100ml         Per 200ml           Sodium         mg         89         178           Sodium         mg         159         318           Potassium         mg         159         318           Potassium         mg         159         318           Calcium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         12:1         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin D         µg         11         2.2           Vitamin K         µg         8         16           Vitamin K         µg         3.3         30           Thiamin         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52	ω6 / ω3 ratio		5.2:1	5.2:1
Minerals         Per 100ml         Per 200ml           Sodium         mg         89         178           mmol         3.9         7.8           Potassium         mg         159         318           mmol         4.1         8.2           Calcium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         1.2:1         1.2:1         1.2:1           Vitamin A $\mu$ g-RE         123         246           Vitamin D $\mu$ g         1.1         2.2           Vitamin K $\mu$ g         8.16         1           Vitamin K $\mu$ g         3.0         1           Vitamin C         mg         15         30           Thiamin         mg NE         2.7         5.4           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12 $\mu$ g         0.32         0.64 <tr tbr="">          Pan</tr>	Fibre	9	2.2	4.4
Sodiummg89178mmol3.97.8Potassiummg159318mmol4.18.2Calciummg91182Phosphorusmg77154Magnesiummg2448Chloridemg86172Ca:P ratio1.2:11.2:1Vitamin Aµg-RE123246Vitamin Dµg1.12.2Vitamin Kµg816Vitamin Kµg3.03.0Thiaminmg NE2.75.4Niacinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12µg4080Pantothenic Acidmg0.81.6	Water	ml	76	152
mmol $3.9$ $7.8$ Potassium         mg $159$ $318$ mmol $4.1$ $8.2$ Calcium         mg $91$ $182$ Phosphorus         mg $77$ $154$ Magnesium         mg $244$ $48$ Chloride         mg $86$ $172$ Ca:P ratio $121$ $1211$ $1211$ Vitamin A $\mug$ -RE $123$ $246$ Vitamin D $\mug$ $11$ $2.2$ Vitamin K $\mug$ $8$ $16$ Vitamin K $\mug$ $8$ $16$ Vitamin C         mg $15$ $30$ Thiamin         mg NE $2.7$ $5.4$ Niacin         mg NE $2.7$ $5.4$ Vitamin B6         mg $0.26$ $0.52$ Vitamin B12 $\mug$ $0.32$ $0.64$ Folic Acid $\mug$ $0.8$ $16$	Minerals		Per 100ml	Per 200ml
Potassium         mg         159         318           mmol         4.1         8.2           Calcium         mg         91         182           Phosphorus         mg         77         154           Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         1         12:1         12:1           Vitamin A         µg-RE         123         246           Vitamin D         µg         11         2.2           Vitamin K         µg         8         16           Vitamin K         µg         8         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         µg         0.32         0.64           Folic Acid         µg         40         80           Pantothenic Acid         mg         0.8         16	Sodium	mg	89	178
mmol4.18.2Calciummg91182Phosphorusmg77154Magnesiummg2448Chloridemg86172Ca:P ratio1.21.2:11.2:1Vitamin A $\mu$ g-RE123246Vitamin D $\mu$ g1.12.2Vitamin K $\mu$ g816Vitamin K $\mu$ g816Vitamin Cmg0.230.46Riboflavinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12 $\mu$ g4080Pantothenic Acidmg0.816		mmol	3.9	7.8
Calciummg91182Phosphorusmg77154Magnesiummg2448Chloridemg86172Ca:P ratioI1.2:11.2:1Vitamin A $\mu$ g-RE123246Vitamin D $\mu$ g1.12.2Vitamin K $\mu$ g816Vitamin K $\mu$ g816Vitamin Cmg1530Thiaminmg NE2.75.4Niacinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12 $\mu$ g4080Pantothenic Acidmg0.816	Potassium	mg	159	318
Phosphorusmg77154Magnesiummg2448Chloridemg86172Ca:P ratio1.2:11.2:1VitaminsPer 100mlPer 200mlVitamin A $\mu$ g1.12.2Vitamin Bmg $\alpha$ -TE1.93.8Vitamin K $\mu$ g816Vitamin Cmg1530Thiaminmg NE2.75.4Niacinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12 $\mu$ g4080Pantothenic Acidmg0.81.6		mmol	4.1	8.2
Magnesium         mg         24         48           Chloride         mg         86         172           Ca:P ratio         1.2:1         1.2:1           Vitamins         Per 100ml         Per 200ml           Vitamin A         μg-RE         123         246           Vitamin D         μg         1.1         2.2           Vitamin E         mg α-TE         1.9         3.8           Vitamin K         μg         8         16           Vitamin K         μg         8         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         μg         0.32         0.64           Folic Acid         μg         40         80           Pantothenic Acid         mg         0.8         1.6	Calcium	mg	91	182
Chloride         mg         86         172           Ca:P ratio         1.2:1         1.2:1           Vitamins         Per 100ml         Per 200ml           Vitamin A         μg-RE         123         246           Vitamin D         μg         11         2.2           Vitamin E         mg α-TE         1.9         3.8           Vitamin K         μg         8         16           Vitamin C         mg         0.23         0.46           Riboflavin         mg NE         2.7         5.4           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         μg         40         80           Folic Acid         μg         0.8         1.6	Phosphorus	mg	77	154
Ca:P ratio1.2:11.2:1VitaminsPer 100mlPer 200mlVitamin A $\mu$ g-RE123246Vitamin D $\mu$ g1.12.2Vitamin Emg $\alpha$ -TE1.93.8Vitamin K $\mu$ g816Vitamin Cmg0.230.46Riboflavinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12 $\mu$ g4080Pantothenic Acidmg0.81.6	Magnesium	mg	24	48
Vitamins         Per 100ml         Per 200ml           Vitamin A $\mu$ g-RE         123         246           Vitamin D $\mu$ g         1.1         2.2           Vitamin E         mg $\alpha$ -TE         1.9         3.8           Vitamin K $\mu$ g         8         16           Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12 $\mu$ g         40         80           Folic Acid $\mu$ g         0.8         1.6	Chloride	mg	86	172
Vitamin A         μg-RE         123         246           Vitamin D         μg         1.1         2.2           Vitamin E         mg α-TE         1.9         3.8           Vitamin K         μg         8         16           Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         μg         0.32         0.64           Folic Acid         μg         40         80           Pantothenic Acid         mg         0.8         1.6	Ca:P ratio		1.2:1	1.2:1
Vitamin D         μg         1.1         2.2           Vitamin E         mg α-TE         1.9         3.8           Vitamin K         μg         8         16           Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         μg         0.32         0.64           Folic Acid         μg         40         80           Pantothenic Acid         mg         0.8         1.6	Vitamins	$\langle $	Per 100ml	Per 200ml
Vitamin E         mg α-TE         1.9         3.8           Vitamin K         μg         8         16           Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         μg         0.32         0.64           Folic Acid         μg         40         80           Pantothenic Acid         mg         0.8         1.6	Vitamin A	µg-RE	123	246
Vitamin K         µg         8         16           Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         µg         0.32         0.64           Folic Acid         µg         40         80           Pantothenic Acid         mg         0.8         1.6	Vitamin D	hð	1.1	2.2
Vitamin C         mg         15         30           Thiamin         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         µg         0.32         0.64           Folic Acid         µg         40         80           Pantothenic Acid         mg         0.8         1.6	Vitamin E	mg $\alpha$ -TE	1.9	3.8
Thiamin         mg         0.23         0.46           Riboflavin         mg         0.24         0.48           Niacin         mg NE         2.7         5.4           Vitamin B6         mg         0.26         0.52           Vitamin B12         µg         0.32         0.64           Folic Acid         µg         40         80           Pantothenic Acid         mg         0.8         1.6	Vitamin K	hð	8	16
Riboflavinmg0.240.48Niacinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12µg0.320.64Folic Acidµg4080Pantothenic Acidmg0.81.6	Vitamin C	mg	15	30
Niacinmg NE2.75.4Vitamin B6mg0.260.52Vitamin B12µg0.320.64Folic Acidµg4080Pantothenic Acidmg0.81.6	Thiamin	mg	0.23	0.46
Vitamin B6mg0.260.52Vitamin B12µg0.320.64Folic Acidµg4080Pantothenic Acidmg0.81.6	Riboflavin	mg	0.24	0.48
Vitamin B12µg0.320.64Folic Acidµg4080Pantothenic Acidmg0.81.6	Niacin	mg NE	2.7	5.4
Folic Acidµg4080Pantothenic Acidmg0.81.6	Vitamin B6	mg	0.26	0.52
Pantothenic Acid mg 0.8 1.6	Vitamin B12	hð	0.32	0.64
	Folic Acid	hð	40	80
Biotin µg 6 12	Pantothenic Acid	mg	0.8	1.6
	Biotin	hð	6	12

For Healthcare Professional Use Only.

Trace Elements		Per 100ml	Per 200ml
Iron	mg	2.4	4.8
Zinc	mg	1.8	3.6
Manganese	mg	0.5	1
Copper	mg	0.27	0.54
lodine	hð	20	40
Molybdenum	hð	15	30
Selenium	hð	8.6	17.2
Chromium	hð	10	20
Fluoride	mg	0.15	0.3
Other		Per 100ml	Per 200ml
Carotenoids	mg	0.3	0.6
Choline	mg	55	110
Osmolality	mOsmol/ kgH20	600	600

# Food for special medical purposes for use under medical supervision.

# For more information call the Nutricia Clinical Care Line 1800 060 051

\*MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet

\*\* Please note the ingredients list and nutritional information is for Vanilla flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional informational for the other flavours, please contact the Nutricia Clinical Care Line on 1800 060 051.

^In accordance with Australia New Zealand Food Standards Code - Standard 2.9.5

**REFERENCES 1.** Milne AC, et al. Protein and energy supplementation in elderly people at risk from malnutrition. Cochrane Database Syst Rev. 2009; 2.



Nutricia Australia Pty Ltd. The Zenith, Tower B, Level 12, 821 Pacific Highway, Chatswood NSW Australia. **nutricia.com.au/adult/** NC4966-Jan24 / NUT1383