

# DIASIP

A ready-to-drink, nutritionally complete, low glycaemic index oral nutritional supplement.

## FEATURES

- **Suitable as a sole source of nutrition<sup>^</sup>**
- **Suitable for oral or enteral use:** can be consumed orally or delivered via an enteral feeding tube. Can be used to supplement intake or as a sole source of nutrition.
- **Unique low glycaemic index carbohydrate blend:** isomaltulose and slowly digestible starch to improve the postprandial plasma glucose response.<sup>1-4</sup>
- **Optimal macronutrient ratio:** to improve glycaemic control and meet international diabetes and chronic disease guidelines.<sup>5-7</sup>
- **Fibre enriched (5g/bottle):** to help improve glucose metabolism.<sup>8</sup>
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

## Indications

For the dietary management of disease related malnutrition in patients with diabetes mellitus, hyperglycaemia or impaired glucose tolerance.

## Important Notice

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with fructosaemia.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- Use with caution in children aged 3-6 years of age.
- Must be used under medical supervision.

## Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in the refrigerator.
- Discard unused content after 24 hours.

## Ordering Information

To order contact Nutricia Customer Experience **1800 889 480**.

| Diasip  | Presentation | Product code | Units per carton |
|---------|--------------|--------------|------------------|
| Vanilla | 200ml bottle | 169349       | 24               |

## Ingredients

**Diasip Vanilla:** Water, isomaltulose<sup>†</sup>, dietary fibres (galacto-oligosaccharides (from cow's **milk**), resistant dextrin, cellulose), vegetable oils (rapeseed oil, sunflower oil), starch, lactose (from cow's **milk**), cow's **milk** proteins, **soy** protein isolate, flavouring, acidity regulators (citric acid, potassium hydroxide), **fish oil**, potassium citrate, choline chloride, magnesium hydroxide, dipotassium hydrogen phosphate, tricalcium phosphate, colour (curcumin), calcium chloride, sodium citrate, sodium l-ascorbate, stabiliser (carrageenan), sweetener (acesulfame K, sodium saccharin), ferrous lactate, calcium carbonate, zinc sulphate, DL- $\alpha$ -tocopheryl acetate, carotenoids (contains **soy**) (b-carotene, lutein, lycopene oleoresin from tomatoes), copper gluconate, calcium d-pantothenate, chromium chloride, manganese sulphate, sodium selenite, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, nicotinamide, sodium molybdate, sodium fluoride, retinyl acetate, pteroylmonoglutamic acid, potassium iodide, d-biotin, phytomenadione, cholecalciferol, cyanocobalamin.

<sup>†</sup>Isomaltulose is a source of glucose and fructose.

## Allergen & Cultural Information

- Contains: **milk**, **soy** and **fish**
- Halal certified.
- Nutricia UK and/or Ireland have Kosher approval for this product.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).



| NUTRITION INFORMATION |      | Per 100ml    | Per 200ml |
|-----------------------|------|--------------|-----------|
| Energy                | kcal | 104          | 208       |
|                       | kJ   | 438          | 876       |
| Protein               | g    | 4.9 (19% E)  | 9.8       |
| Whey                  | g    | 2.4          | 4.8       |
| Soy                   | g    | 2.5          | 5         |
| Carbohydrate          | g    | 11.5 (44% E) | 23        |
| Sugars                | g    | 8.4          | 16.8      |
| as Lactose            | g    | 3.54         | 7.08      |
| Fat                   | g    | 3.8 (32% E)  | 7.6       |
| Saturates             | g    | 0.44         | 0.88      |
| Monounsaturates       | g    | 2.2          | 4.4       |
| Polyunsaturates       | g    | 1.2          | 2.4       |
| ω6 / ω3 ratio         |      | 4:1          | 4:1       |
| Fibre                 | g    | 2.5 (5%E)    | 5         |
| Soluble:Insoluble     |      | 86:14        | 86:14     |
| Water                 | ml   | 83           | 166       |
| Minerals              |      | Per 100ml    | Per 200ml |
| Sodium                | mg   | 50.1         | 100.2     |
|                       | mmol | 2.18         | 4.36      |
| Potassium             | mg   | 99.6         | 199.2     |
|                       | mmol | 2.55         | 5.1       |
| Calcium               | mg   | 53.5         | 107       |
| Phosphorus            | mg   | 49.6         | 99.2      |
| Magnesium             | mg   | 22.2         | 44.4      |
| Chloride              | mg   | 42.8         | 85.6      |
| Ca:P ratio            |      | 1:1          | 1:1       |

^In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5

**REFERENCES** 1. Hofman Z, Rouws C, van Druenen JDE, Kuipers H. The effect of enteral nutrition on glucose and triglyceride concentrations during 6 hours continuous feeding in diabetic patients. Clin Nutr. 2004;23:1478-79. 2. Kawai K, Yoshikawa H, Murayama Y, Yamashita K. Usefulness of palatinose as a caloric sweetener for diabetic patients. Horm Metab Res. 1989;21:338-40. 3. Kawai K, Okuda Y, Yamashita K. Changes in blood glucose and insulin after an oral palatinose administration in normal subjects. Endocrinol Jpn. 1985;32:933-6. 4. Severijnen C, van der Beek EM, Hageman R, van Laere K, Van de Heijning BJM. Amelioration of fasting plasma glucose levels in diabetic rats after two weeks on an aspartate-rich diet. 2007 25th International Symposium on Diabetes and Nutrition (DNSG). 5. American Diabetes Association (ADA). Standards of medical care in diabetes. Diab. Care. 2006;29:4-73. 6. DNSG: The Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD), 1999. Recommendations for the nutritional management of patients with diabetes mellitus. Eur J Clin Nutr. 2000;54:353-355. 7. National Health and Medical Research Council. Australian Dietary Guidelines. 2013. Canberra: National Health and Medical Research Council. 8. Higgins JA. Resistant starch: metabolic effects and potential health benefits. J AOAC Int. 2004;87:761-8.

**Food for special medical purposes  
for use under medical supervision.**

For more information call the  
**Nutricia Clinical Care Line 1800 060 051**

| Vitamins         |                               | Per 100ml | Per 200ml |
|------------------|-------------------------------|-----------|-----------|
| Vitamin A        | µg                            | 79.1      | 158.2     |
| Vitamin D        | µg                            | 1.29      | 2.58      |
| Vitamin E        | mg α-TE                       | 2.50      | 5.0       |
| Vitamin K        | µg                            | 5.52      | 11.04     |
| Vitamin C        | mg                            | 15.0      | 30.0      |
| Thiamin          | mg                            | 0.40      | 0.80      |
| Riboflavin       | mg                            | 0.26      | 0.52      |
| Niacin           | mg NE                         | 1.90      | 3.80      |
| Vitamin B6       | mg                            | 0.34      | 0.68      |
| Vitamin B12      | µg                            | 0.55      | 1.10      |
| Folic Acid       | µg                            | 38.0      | 76.0      |
| Pantothenic Acid | mg                            | 0.91      | 1.82      |
| Biotin           | µg                            | 6.38      | 12.76     |
| Trace Elements   |                               | Per 100ml | Per 200ml |
| Iron             | mg                            | 1.65      | 3.3       |
| Zinc             | mg                            | 1.27      | 2.54      |
| Manganese        | mg                            | 0.33      | 0.66      |
| Copper           | mg                            | 0.20      | 0.40      |
| Iodine           | µg                            | 15.7      | 31.4      |
| Molybdenum       | µg                            | 10.0      | 20.0      |
| Selenium         | µg                            | 7.50      | 15.00     |
| Chromium         | µg                            | 12.0      | 24.0      |
| Fluoride         | mg                            | 0.10      | 0.20      |
| Other            |                               | Per 100ml | Per 200ml |
| Carotenoids      | mg                            | 0.16      | 0.32      |
| Choline          | mg                            | 49.8      | 99.6      |
| Osmolality       | mOsmol/<br>kgH <sub>2</sub> O | 440       | 440       |

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

Nutricia Australia Pty Ltd.  
The Zenith, Tower B, Level 12,  
821 Pacific Highway, Chatswood NSW Australia.  
[nutricia.com.au/adult/](http://nutricia.com.au/adult/)

NC4918-Jan24 / NUT1329