

# CALOGEN

A ready-to-use, energy dense, protein-free, long chain triglyceride fat emulsion.

## FEATURES

- **Energy dense (4.5kcal/ml, 135kcal per 30ml shot):** to support patients with high energy requirements and/or fluid restriction.
- **Can be used alongside other ONS<sup>^</sup> and/or usual diet:** to support energy intake when usual diet is not enough to meet requirements.
- **Can be administered as a low volume energy supplement or energy enhancer in tube feeds.**
- **Suitable for dispensing as a shot-style ONS<sup>^</sup> during medication rounds:** for improved ONS<sup>^</sup> compliance compared to standard multi-nutrient ONS<sup>^</sup>.<sup>1</sup>
- **No Added Protein or Fibre:** suitable for individuals requiring protein and/or residue restricted diets.
- **Can be mixed into foods and fluids:** for patient convenience and variety.
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

## Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Patients with a poor compliance to standard multi-nutrient ONS<sup>^</sup>.
- Patients requiring a fluid or volume restriction.
- Patients requiring an electrolyte and/or mineral restriction.
- Patients requiring a protein restriction.
- Patients requiring a residue restriction.

## Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Use with caution in children under 6 years of age.
- Flavoured Calogen (strawberry) is not suitable for infants and children under 3 years of age. Product may need diluting in patients under 5 years of age.
- Neutral Calogen may require dilution for use in patients under 5 years of age.
- Must be used under medical supervision.

## Directions for Use

- Shake well before use.
- Usage to be determined by a healthcare professional.
- **Recommended dosage:** 3 x 30ml Calogen per day e.g. decanted during medication rounds, unless otherwise specified by a healthcare professional.

## Ordering Information

To order contact Nutricia Customer Experience **1800 889 480**.

Calogen	Presentation	Product code	Units per carton
Strawberry	200ml bottle	97136	24
Neutral	200ml bottle	97134	24
Neutral	500ml bottle	41243	12

## Storage

- Store in a cool, dry place.
- Not suitable for freezing.
- Once opened, close the bottle and store in a refrigerator for a maximum of 14 days.
- Discard unused contents after 14 days.

## Ingredients\*

**Calogen Neutral:** Vegetable oils (rapeseed oil, sunflower oil), demineralised water, emulsifier (citric acid esters of mono and diglycerides of fatty acids).

## Allergen & Cultural Information

- Halal certified.
- Nutricia UK and/or Ireland have Kosher approval for this product, except for those flavours which contain carminic acid.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



NUTRITION INFORMATION*		Per 100ml	Per 30ml
Energy	kcal	450	135
	kJ	1850	555
Protein	g	0	0
Carbohydrate	g	0.1	0.03
Fat	g	50 (100% E)	15
Saturates	g	5.3	1.6
Monounsaturates	g	30.4	9.1
Polyunsaturates	g	14.3	4.3
$\omega 6 : \omega 3$ ratio		5:1	5:1
% LCT		100	100
Fibre	g	0	0
Water	ml	45	14

\* Please note the ingredients list and nutritional information is for Neutral flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional information for the other flavours, please contact the Nutricia Careline on 1800 060 051

\*\* Except for those flavours which contain carminic acid.

^Oral Nutritional Supplement.

**REFERENCES** 1. Hubbard, G, Bolch, R, Holdoway, A, Beams, A, Kerr, A, Robertson, D, Stratton, R. A randomised controlled trial of the effects of an energy dense supplement on energy intake, appetite and blood lipids in malnourished community-based elderly patients. *J Hum Nutr Diet.* 2008;21:373-406.

Minerals		Per 100ml	Per 30ml
Sodium	mg	7	2
	mmol	0.3	0.1
Chloride	mg	0.1	0.03
Other		Per 100ml	Per 30ml
Osmolality	mOsmol/ kg H <sub>2</sub> O	5	5

**Food for special medical purposes for use under medical supervision.**

For more information call the **Nutricia Clinical Care Line 1800 060 051**