

# DIASIP

A ready-to-drink, nutritionally complete, low glycaemic index oral nutritional supplement.

## FEATURES

- **Suitable as a sole source of nutrition<sup>^</sup>**
- **Suitable for oral or enteral use:** can be consumed orally or delivered via an enteral feeding tube. Can be used to supplement intake or as a sole source of nutrition.
- **Low glycaemic index carbohydrate blend:** isomaltulose and slowly digestible starch to improve the postprandial plasma glucose response.<sup>1-4</sup>
- **Optimal macronutrient ratio:** to improve glycaemic control and meet international diabetes and chronic disease guidelines.<sup>5-7</sup>
- **Fibre enriched (5g/bottle):** to help improve glucose metabolism.<sup>8</sup>
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

## Indications

For the dietary management of disease related malnutrition in patients with diabetes mellitus, hyperglycaemia or impaired glucose tolerance.

## Important Notice

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with fructosaemia.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- Use with caution in children aged 3-6 years of age.
- Must be used under medical supervision.

## Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in the refrigerator.
- Discard unused content after 24 hours.

## Ordering Information

To order contact Nutricia Customer Experience **0800 688 747**.

Diasip	Presentation	Product code	Units per carton	Pharmacode
Vanilla	200ml bottle	169349	24	2224429
Strawberry	200ml bottle	169303	24	2224437

## Ingredients\*

**Diasip Vanilla:** Water, isomaltulose<sup>†</sup>, dietary fibres (galacto-oligosaccharides (from cow's **milk**), resistant dextrin, cellulose), vegetable oils (rapeseed oil, sunflower oil), starch, lactose (from cow's **milk**), cow's **milk** proteins, **soy** protein isolate, flavouring, acidity regulators (citric acid, potassium hydroxide), **fish oil**, potassium citrate, choline chloride, magnesium hydroxide, dipotassium hydrogen phosphate, tricalcium phosphate, colour (curcumin), calcium chloride, sodium citrate, sodium L-ascorbate, stabiliser (carrageenan), sweetener (acesulfame K, sodium saccharin), ferrous lactate, calcium carbonate, zinc sulphate, DL- $\alpha$  tocopheryl acetate, carotenoids (contains **soy**) ( $\beta$ -carotene, lutein, lycopene, oleoresin from tomatoes), copper gluconate, calcium D-pantothenate, chromium chloride, manganese sulphate, sodium selenite, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, nicotinamide, sodium molybdate, sodium fluoride, retinyl acetate, pteroylmonoglutamic acid, potassium iodide, D-biotin, phytomenadione, cholecalciferol, cyanocobalamin.

<sup>†</sup>Isomaltulose is a source of glucose and fructose.

## Allergen & Cultural Information

- Contains: **milk**, **soy** and **fish**
- Halal certified.
- Nutricia UK and/or Ireland has kosher approval for this product, except for those flavours which contain carminic acid.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).



NUTRITION INFORMATION*		Per 100ml	Per 200ml
Energy	kcal	104	208
	kJ	438	876
Protein	g	4.9 (19% E)	9.8
Whey	g	2.4	4.8
Soy	g	2.5	5
Carbohydrate	g	11.5 (44% E)	23
Sugars	g	8.4	16.8
as Lactose	g	3.54	7.08
Fat	g	3.8 (32% E)	7.6
Saturates	g	0.44	0.88
Monounsaturates	g	2.2	4.4
Polyunsaturates	g	1.2	2.4
$\omega$ 6 / $\omega$ 3 ratio		4:1	4:1
Fibre	g	2.5 (5%E)	5
Soluble:Insoluble		86:14	86:14
Water	ml	83	166
Minerals		Per 100ml	Per 200ml
Sodium	mg	50.1	100.2
	mmol	2.18	4.36
Potassium	mg	99.6	199.2
	mmol	2.55	5.1
Calcium	mg	53.5	107
Phosphorus	mg	49.6	99.2
Magnesium	mg	22.2	44.4
Chloride	mg	42.8	85.6
Ca:P ratio		1:1	1:1

\*Please note the ingredients list and nutritional information is for Vanilla flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional information for the other flavours, please contact the Nutricia Clinical Care Line on 0800 438 500.

^In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5

**REFERENCES** 1. Hofman Z, Rouws C, van Drunen JDE, Kuipers H. The effect of enteral nutrition on glucose and triglyceride concentrations during 6 hours continuous feeding in diabetic patients. Clin Nutr. 2004;23:1478-79. 2. Kawai K, Yoshikawa H, Murayama Y, Yamashita K. Usefulness of palatinose as a caloric sweetener for diabetic patients. Horm Metab Res. 1989;21:338-40. 3. Kawai K, Okuda Y, Yamashita K. Changes in blood glucose and insulin after an oral palatinose administration in normal subjects. Endocrinol Jpn. 1985;32:933-6. 4. Severijnen C, van der Beek EM, Hageman R, van Laere K, Van de Heijning BJM. Amelioration of fasting plasma glucose levels in diabetic rats after two weeks on an aspartate-rich diet. 2007 25th International Symposium on Diabetes and Nutrition (DNSG). 5. American Diabetes Association (ADA). Standards of medical care in diabetes. Diab. Care. 2006;29:4-73. 6. DNSG: The Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD), 1999. Recommendations for the nutritional management of patients with diabetes mellitus. Eur J Clin Nutr. 2000;54:353-355. 7. National Health and Medical Research Council. Australian Dietary Guidelines. 2013. Canberra: National Health and Medical Research Council. 8. Higgins JA. Resistant starch: metabolic effects and potential health benefits. J AOAC Int. 2004;87:761-8.

**Food for special medical purposes  
for use under medical supervision.**

For more information call the  
**Nutricia Clinical Care Line 0800 438 500**

Vitamins		Per 100ml	Per 200ml
Vitamin A	µg	79.1	158.2
Vitamin D	µg	1.29	2.58
Vitamin E	mg $\alpha$ -TE	2.50	5.0
Vitamin K	µg	5.52	11.04
Vitamin C	mg	15.0	30.0
Thiamin	mg	0.40	0.80
Riboflavin	mg	0.26	0.52
Niacin	mg NE	1.90	3.80
Vitamin B6	mg	0.34	0.68
Vitamin B12	µg	0.55	1.10
Folic Acid	µg	38.0	76.0
Pantothenic Acid	mg	0.91	1.82
Biotin	µg	6.38	12.76
Trace Elements		Per 100ml	Per 200ml
Iron	mg	1.65	3.3
Zinc	mg	1.27	2.54
Manganese	mg	0.33	0.66
Copper	mg	0.20	0.40
Iodine	µg	15.7	31.4
Molybdenum	µg	10.0	20.0
Selenium	µg	7.50	15.00
Chromium	µg	12.0	24.0
Fluoride	mg	0.10	0.20
Other		Per 100ml	Per 200ml
Carotenoids	mg	0.16	0.32
Choline	mg	49.8	99.6
Osmolality	mOsmol/ kgH <sub>2</sub> O	440	440

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