

# NUTILIS POWDER

A food and fluid thickener with amylase-resistant features for the dietary management of dysphagia.

## FEATURES

- **Amylase-resistant formulation:** maintains a consistent texture of the food or drink, to which it has been added, during consumption.
- **Can be mixed in both hot and cold foods and fluids:** for patient convenience and choice.

## Indications

For the dietary management of patients with swallowing difficulties (dysphagia).

## Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for children under 3 years of age.
- Only suitable as a food and fluid thickener.
- Must be used under medical supervision.

## Directions for Use

- Use only the scoop provided in the packaging.
- Handle aseptically to ensure product remains sterile.
- Add the prescribed amount of powder to the liquid or pureed meal and mix well with a shaker, whisk or fork.
- Leave to stand for a few minutes to achieve the required consistency.
- Do not add additional powder during standing time as the liquid is continuing to thicken.
- Prepare the food per serving and use within 2 hours. Always discard unfinished prepared portions after 2 hours.
- For additional information on product usage, please request a copy of **Nutricia's ANZ IDDSI Position Statement** from the Nutricia Clinical Careline 1800 060 051.

## Storage

- Store in a cool, dry place.
- Once opened, use contents within 8 weeks.
- Discard unused contents after 8 weeks.
- Replace lid firmly after use.
- Do not refrigerate.

## Ordering Information

To order contact Nutricia Customer Experience **1800 889 480**.

Nutlis Powder	Product code	Units per carton
670g can	54277	6

## Ingredients

**Nutlis Powder:** Maltodextrin, thickeners (modified starch (maize), tara gum, xanthan gum, guar gum).

## Allergen & Cultural Information

- Halal certified.
- To the best of our knowledge this product does not contain ingredients that are forbidden in the Kosher diet, however, the manufacturing processes have not been officially certified by the relevant religious bodies.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



# NUTILIS POWDER

For Healthcare Professional Use Only.

NUTRITION INFORMATION		Per 100g	Per scoop (4g)
Energy	kcal	363	15
	kJ	1545	62
Protein	g	0.26	0.01
Carbohydrate	g	87.5 (100% E)	3.5
Sugars	g	1.5	0.06
as Lactose	g	<0.06	<0.002
Fat	g	0.1	0.004
Saturates	g	0.1	0.004
Fibre	g	5.8	0.2
Water	ml	<8	<0.3

Minerals		Per 100g	Per scoop
Sodium	mg	<91	<3.6
	mmol	<3.9	<0.2
Potassium	mg	<75	<3
	mmol	<1.9	<0.08
Calcium	mg	<21	<0.8
Phosphorus	mg	<17	<0.7
Magnesium	mg	<3.5	<0.1
Chloride	mg	<35	<1.4
Ca:P ratio		1.2:1	1.2:1

**Food for special medical purposes  
for use under medical supervision.**

For more information call the  
**Nutricia Clinical Care Line 1800 060 051**

  
**NUTRICIA**  
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NC4876-Jan24 / NUT1180E