

# **CALOGEN EXTRA**

A ready-to-use, energy dense, long chain triglyceride fat emulsion, enriched with protein, vitamins and minerals.

#### **FEATURES**

- Energy dense (4Kcal/ml, 160Kcal per 40ml shot): to support patients with high energy requirements and/or fluid restriction.
- Shot-style oral nutritional supplement: suitable for dispensing during medication rounds.
- Can be mixed into foods and fluids: for patient convenience and variety.
- Enriched with protein, vitamins and minerals.
- No Added Fibre: for patients requiring residue restriction.
- User-friendly 200ml bottle with 40ml measuring cup for dosing: ergonomic plastic bottle, with resealable easy to open cap.

#### **Indications**

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Patients requiring a fluid or volume restriction.
- Patients requiring a residue restriction.

## **Important Notice**

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- · Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age and must be used with caution in children aged 3-6 years.
- May require dilution for use in patients under 5 years of age.
- Must be used under medical supervision.

#### **Directions for Use**

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.
- Use measuring cup (40ml) provided on top of bottle to aid dosing.
- Recommended dosage: 3 x 40ml shots or 120ml per day in divided doses, unless otherwise specified by a healthcare professional.

#### Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in a refrigerator for max 48 hours.
- · Always replace the container lid after use.
- Wash the cup thoroughly after use.
- Discard unused contents after 48 hours.

### **Ordering Information**

To order contact Nutricia Customer Experience 1800 889 480.

Calogen Extra	Presentation	Product code	Units per carton
Neutral	200ml bottle	41495	24

#### Ingredients

Calogen Extra Neutral: Water, vegetable oils (rapeseed oil, sunflower oil), cow's milk protein caseinates, sugar, potassium citrate, whey protein hydrolysate (from cow's milk), tri calcium phosphate, magnesium hydrogen phosphate, flavouring, magnesium carbonate, acidity regulator (citric acid), choline chloride, stabilisers (microcrystalline cellulose, sodium carboxymethylcellulose), sodium L-ascorbate, potassium chloride, maltodextrin, sweetener (sucralose), ferrous lactate, inositol, zinc sulphate, sodium selenite, nicotinamide, retinyl acetate, copper gluconate, manganese sulphate, D-biotin, calcium D-pantothenate, cholecalciferol, chromium chloride, pteroylmonoglutamic acid, cyanocobalamin, pyridoxine hydrochloride, thiamin hydrochloride, potassium iodide, sodium molybdate, riboflavin, phytomenadione.

### **Allergen & Cultural Information**

- Contains: milk.
- To the best of our knowledge this product does not contain any ingredients that are forbidden in the Halal diet; however, the manufacturing process is not observed by the relevant religious body so it does not have official Halal certification.
- To the best of our knowledge this product does not contain ingredients that are forbidden in the Kosher diet, however, the manufacturing processes have not been officially certified by the relevant religious bodies.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg)</li>



## **CALOGEN EXTRA**

NUTRITION INFOR	MATION	Per 100ml	Per 40ml
Energy	kcal	400	160
	kJ	1650	660
Protein	9	5 (5% E)	2
Casein	9	4	1.6
Whey	9	1	0.4
Carbohydrate	9	4.5 (4% E)	1.8
Sugars	9	3.5	1.4
as Lactose	9	<0.025	<0.01
Fat	9	40.3 (91% E)	16.1
Saturates	9	3.9	1.6
Monounsaturates	9	24.8	9.9
Polyunsaturates	9	11.6	4.6
ω6 : ω3 ratio		5:1	5:1
Fibre	9	0	0
Water	ml	48	19
Minerals		Per 100ml	Per 40ml
Sodium	mg	70	28
	mmol	3	1
Potassium	mg	535	214
	mmol	13.7	5.5
Calcium	mg	223	89
Phosphorus	mg	197	79
Magnesium	mg	90	36
Chloride	mg	80	32
Ca:P ratio		1.1:1	1.1:1

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Vitamins		Per 100ml	Per 40ml
Vitamin A	µg-RE	210	84
Vitamin D	hð	3	1
Vitamin E	mg α-TE	6	2.4
Vitamin K	hð	31	12.4
Vitamin C	mg	30	12
Thiamin	mg	0.4	0.16
Riboflavin	mg	0.4	0.16
Niacin	mg NE	5.1	2
Vitamin B <sub>6</sub>	mg	0.55	0.22
Vitamin B <sub>12</sub>	þд	0.8	0.3
Folic Acid	þд	105	42
Pantothenic Acid	mg	1.5	0.6
Biotin	hð	16	6.4
	1 3		
Trace Elements		Per 100ml	Per 40ml
Trace Elements	mg	Per 100ml	Per 40ml
	1		
Iron	mg	3	1
Iron Zinc	mg mg	3 3.5	1 1.4
Iron Zinc Manganese	mg mg mg	3 3.5 0.71	1 1.4 0.28
Iron Zinc Manganese Copper	mg mg mg mg	3 3.5 0.71 0.37	1 1.4 0.28 0.15
Iron Zinc Manganese Copper Iodine	mg mg mg mg	3 3.5 0.71 0.37 46	1 1.4 0.28 0.15 18
Iron Zinc Manganese Copper Iodine Molybdenum	mg mg mg yg	3 3.5 0.71 0.37 46 20	1 1.4 0.28 0.15 18 8
Iron Zinc Manganese Copper Iodine Molybdenum Selenium	mg mg mg mg µg µg	3 3.5 0.71 0.37 46 20 23	1 1.4 0.28 0.15 18 8 9
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium	ha ha ha ha ha ha ha ha ha	3 3.5 0.71 0.37 46 20 23	1 1.4 0.28 0.15 18 8 9
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium Fluoride	ha ha ha ha ha ha ha ha ha	3 3.5 0.71 0.37 46 20 23 11	1 1.4 0.28 0.15 18 8 9 4
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium Fluoride Other	mg mg hg hg hg	3 3.5 0.71 0.37 46 20 23 11 0	1 1.4 0.28 0.15 18 8 9 4 0

Food for special medical purposes for use under medical supervision.

For more information call the Nutricia Clinical Care Line 1800 060 051



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