

FORTIJUCE

A ready-to-drink, fat free, reduced mineral content juice-style oral nutritional supplement.

FEATURES

- **300kcal/bottle (1.5kcal/ml):** energy dense to improve body weight.¹
- **No added fibre:** for patients requiring residue-restricted diets.
- **No added fat:** for patients requiring fat-restricted diets.
- **Fruit tasting ONS[®]:** for patients who dislike milky tasting supplements.
- **Reduced mineral content (sodium, potassium, calcium, phosphorus and magnesium):** for patients that require select mineral restriction.
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

Indications

For use in the dietary management of:

- Disease related malnutrition.
- Patients with high energy requirements.
- Patients requiring a residue restricted diet.
- Patients requiring fat restriction.
- Patients requiring a select mineral restriction e.g. renal replacement therapy.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for children under 3 years of age.
- Use with caution in children aged 3-6 years of age.
- Must be used under medical supervision

Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, close the bottle and store in the refrigerator.
- Discard unused contents after 24 hours.

Ordering Information

To order contact Nutricia Customer Experience **1800 889 480**.

Fortijuce	Presentation	Product code	Units per carton
Apple	200ml bottle	155712	24
Tropical	200ml bottle	155593	24

Ingredients*

Fortijuce Apple: water, glucose syrup, maltodextrin, whey protein isolate (from cow's **milk**), sugar, flavouring (apple), acidity regulator (citric acid), choline chloride, calcium chloride, L-ascorbic acid, potassium chloride, ferrous lactate, sodium chloride, magnesium chloride, colour (curumin (E100)), colour (sulphite ammonia caramel (E150d)), zinc sulphate, DL-alpha tocopheryl acetate, copper gluconate, calcium D-pantothenate, nicotinamide, thiamin hydrochloride, retinyl palmitate, magnaese sulphate, sodium fluoride, pyroxidine hydrochloride, riboflavin, pteroylmonoglutamic acid, chromium chloride, potassium iodide, phytomenadione, sodium molybdate, sodium selenite, D-biotin, cholecalciferol, cyanocobalamin

Allergen & Cultural Information

- Contains: **milk**
- Halal certified.
- Nutricia UK and/or Ireland has Kosher approval for this product.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



NUTRITION INFORMATION*		Per 100ml	Per 200ml
Energy	kcal	150	300
	kJ	635	1270
Protein	g	3.9 (11% E)	7.8
Whey	g	3.9	7.8
Carbohydrate	g	33.6 (89% E)	67.2
Sugars	g	14.5	29
as Lactose	g	<0.025	<0.05
Fat	g	0	0
Fibre	g	0	0
Water	ml	76	152
Minerals		Per 100ml	Per 200ml
Sodium	mg	8.55	17.10
	mmol	0.37	0.74
Potassium	mg	9.69	19.38
	mmol	0.25	0.50
Calcium	mg	25.0	50.0
Phosphorus	mg	12.0	24.0
Magnesium	mg	1.64	3.28
Chloride	mg	178	356
Ca:P ratio		2.1:1	2.1:1
Vitamins		Per 100ml	Per 200ml
Vitamin A	µg-RE	81.9	163.8
Vitamin D	µg	1.30	2.60
Vitamin E	mg α-TE	2.30	4.60
Vitamin K	µg	10.0	20.0
Vitamin C	mg	19.0	38.0
Thiamin	mg	0.29	0.58
Riboflavin	mg	0.32	0.64
Niacin	mg NE	2.94	5.88
Vitamin B6	mg	0.33	0.66
Vitamin B12	µg	0.60	1.20
Folic Acid	µg	41.3	82.6
Pantothenic Acid	mg	1.00	2.00
Biotin	µg	6.00	12.00

Trace Elements		Per 100ml	Per 200ml
Iron	mg	2.50	5.00
Zinc	mg	1.80	3.60
Manganese	mg	0.15	0.30
Copper	µg	340	680
Iodine	µg	24.9	49.8
Molybdenum	µg	9.80	19.60
Selenium	µg	8.70	17.40
Chromium	µg	7.90	15.80
Fluoride	mg	0.17	0.34
Other		Per 100ml	Per 200ml
Choline	mg	68.8	137.6
Osmolality	mOsmol/ kgH ₂ O	960	960

**Food for special medical purposes;
for use under medical supervision.**

For more information call the
Nutricia Clinical Careline:
1800 060 051

* Please note the ingredients list and nutritional information is for Apple flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional information for the other flavours, please contact the Nutricia Clinical Careline Team on 1800 060 051.

^ONS - Oral nutritional supplement

REFERENCES 1. Milne AC, et al. Protein and energy supplementation in elderly people at risk from malnutrition. Cochrane Database Syst Rev. 2009; 2.

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