

# INTRODUCING...

### OUR NEW ORAL NUTRITIONAL SUPPLEMENT WITH A HIGH QUALITY BLEND OF PEA AND SOY PROTEIN



MANGO, PASSIONFRUIT AND MOCHA FLAVOURED DRINK

# Fortisip<sup>®</sup> PlantBased

FOR HEALTHCARE PROFESSIONAL USE ONLY - NOT FOR DISTRIBUTION TO THE GENERAL PUBLIC Fortisip PlantBased is a food for special medical purposes for use under medical supervision.

# FORTISIP PLANTBASED

A ready-to-drink, high energy (1.5kcal/ml), nutritionally complete, plant-based oral nutritional supplement.





Suitable as a sole

High quality protein

12g Plant Protein per 200ml Bottle, Contains all Essential Amino Acids source of nutrition<sup>^</sup> High Energy & Suitable as a Sole Source of Nutrition with 300Kcal per 200ml Bottle



**Plant-based** 

Suitable for a Vegan Diet



# AN INNOVATION SUPPORTED BY EVIDENCE

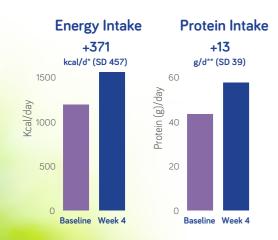
In a single arm, 4-week intervention study among community-living patients at risk of malnutrition:<sup>1</sup>



### Well tolerated

Patients and healthcare professionals reported Fortisip PlantBased was well tolerated

Significant increases in both energy and protein intake were achieved with Fortisip PlantBased

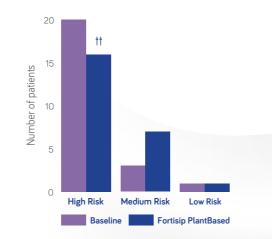


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### Highly Complied With

Patients were 94% compliant to their prescription of Fortisip PlantBased over the 4 week intervention

Malnutrition risk according to MUST<sup>†</sup> score was significantly reduced in patients at high nutritional risk over the 4-weeks intervention period compared to baseline<sup>††</sup>



# MEETING PATIENTS' MEDICAL NUTRITIONAL NEEDS AND SUPPORTING LIFESTYLE PREFERENCES

### Nutritional Information§

Nutritional Information		Per 100ml	Per 200ml
Energy	Kcal (kJ)	150 (630)	300 (1260)
Protein	g	6.0	12.0
Soy	g	1.9	3.8
Pea	g	4.1	8.2
Carbohydrate	g	18.6	37.2
Sugars	g	9.4	18.8
as Lactose	g	0	0
Fat	g	5.8	11.6
Saturates	g	0.61	1.22
Monounsaturates	g	3.2	6.4
Polyunsaturates	g	1.9	3.8
DHA	mg	1.28	2.56
ω6/ω3 ratio		5.1:1	5.1:1
Fibre	g	0.05	0.10
Water	ml	78	156
Minerals		Per 100ml	Per 200ml
Sodium	mg	102	204
	mmol	4.48	8.96
Potassium	mg	211	422
	mmol	5.39	10.78
Calcium	mg	125	250
Phosphorus	mg	77.2	154.4
Magnesium	mg	17.5	35.0
Chloride	mg	155	310
Ca:P ratio		1.6:1	1.6 : 1

#### **Product Codes**



\*p=0.001 \*\*p=0.03 <sup>†</sup> MUST: Malnutrition Universal Screening Tool <sup>††</sup>p=0.046



			§ Mocha Flavour
Vitamins		Per 100ml	Per 200ml
Vitamin A	µg-RE	93.8	187.6
Vitamin D	hã	2.69	5.38
Vitamin E	mg <b>a</b> -TE	2.45	4.90
Vitamin K	hã	8.75	17.50
Vitamin C	mg	13.8	27.6
Thiamin	mg	0.15	0.30
Riboflavin	mg	0.20	0.40
Niacin	mg NE	2.13	4.26
Vitamin B6	mg	0.21	0.42
Vitamin B12	hã	0.50	1.00
Folic Acid	hã	41.3	82.6
Pantothenic Acid	mg	0.95	1.90
Biotin	hã	6.40	10.0
Diotait	Pδ	0.40	12.8
Trace Elements	PB	0.40 Per 100ml	Per 200ml
	mg		
Trace Elements		Per 100ml	Per 200ml
Trace Elements Iron	mg	<b>Per 100ml</b> 2.07	Per 200ml 4.14
Trace Elements Iron Zinc	mg	Per 100ml 2.07 1.43	Per 200ml 4.14 2.86
Trace Elements Iron Zinc Manganese	mg mg mg	Per 100ml 2.07 1.43 0.15	Per 200ml 4.14 2.86 0.30
Trace Elements Iron Zinc Manganese Copper	mg mg mg mg	Per 100ml 2.07 1.43 0.15 0.20	Per 200ml 4.14 2.86 0.30 0.40
Trace Elements Iron Zinc Manganese Copper Iodine	mg mg mg mg µg	Per 100ml 2.07 1.43 0.15 0.20 18.7	Per 200ml 4.14 2.86 0.30 0.40 37.4
Trace Elements Iron Zinc Manganese Copper Iodine Molybdenum	mg mg mg mg yg	Per 100ml 2.07 1.43 0.15 0.20 18.7 15.8	Per 200ml 4.14 2.86 0.30 0.40 37.4 31.6
Trace Elements Iron Zinc Manganese Copper Iodine Molybdenum Selenium	mg mg Mg Pg Pg	Per 100ml 2.07 1.43 0.15 0.20 18.7 15.8 8.75	Per 200ml 4.14 2.86 0.30 0.40 37.4 31.6 17.5
Trace Elements Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium	mg mg mg yg yg yg yg	Per 100ml 2.07 1.43 0.15 0.20 18.7 15.8 8.75 4.38	Per 200ml 4.14 2.86 0.30 0.40 37.4 31.6 17.5 8.76
Trace Elements Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium Fluoride	mg mg mg yg yg yg yg	Per 100ml 2.07 1.43 0.15 0.20 18.7 15.8 8.75 4.38 0.17	Per 200ml 4.14 2.86 0.30 0.40 37.4 31.6 17.5 8.76 8.76 0.34

Presentation	Product code	Units per carton
200ml bottle	183072	24
200ml bottle	183068	24



### Learn more about Fortisip PlantBased

Scan the code with your smartphone or visit www.nutricia.com.au/adult/product/fortisip-plant-based/

## Ordering information

### Nutricia at Home Orders

For home patient and NDIS participant orders, contact our Nutricia Homecare team

6 1800 889 480

Facility Orders

🖂 ordersau@nutricia.com

For hospital and facility

orders, contact our Nutricia

Customer Experience team



#### **Register Patients Online** via Nutricia at Home

mutriciaathome.com.au

Fortisip

1.5 kcal

Fortisip

1.5 kcal

or Nutricia at Home Plus **athome.nutricia.com.au** or complete a Script For Oral Nutritional Supplements.

> Once your patient is registered, they can then order directly by calling our Homecare team or online via Nutricia at Home Plus

6 1800 884 367

Please contact your Key Account Manager for further support with ordering, or to ask about ordering via a wholesaler or distributor.



For any product related or usage queries, please contact our Nutricia Careline

**Section 2000 1800 060 051** 

NutriciaCareline@danone.com



In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5 References: 1. Nutricia UK ACBS trial data on file 2022.

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