Memory Loss? Mild Cognitive Impairment? MILD OR MODERATE ALZHEIMER’S DISEASE?

Diagnosing cognitive disorders is much easier than you may think. And it is now more important than ever, as we have an effective management option.

MCI vs EARLY AD

Mild Cognitive Impairment (MCI) or prodromal Alzheimer’s disease is a condition in which individuals demonstrate cognitive impairment with no or minimal impairment of Instrumental Activities of Daily Living (IADL). Early Alzheimer’s disease is when IADL becomes impaired.
COGNITIVE IMPAIRMENT SCREENING TOOL
ASK EACH OF THESE QUESTIONS

MEMORY
DOES THE PATIENT/CARER REPORT DIFFICULTIES WITH MEMORY?
THESE WOULD INCLUDE PROBLEMS RECALLING EVENTS FROM THE RECENT PAST (HOURS, DAYS, WEEKS)

EXECUTIVE FUNCTION
DOES THE PATIENT/CARER REPORT PROBLEMS FOCUSING ON TASKS, ORGANISING OR PLANNING?

LANGUAGE
DOES THE PATIENT/CARER REPORT FREQUENT PROBLEMS WITH FINDING WORDS?

NAVIGATION
DOES THE PATIENT/CARER REPORT GETTING LOST IN PREVIOUSLY FAMILIAR ENVIRONMENTS?

MONITOR AND REVIEW PATIENT ACCORDING TO LOCAL GUIDELINES AND/OR STANDARDS OF CARE

1) RECOMMEND FURTHER INVESTIGATION AND ASSESSMENT AND REFERRAL TO GENERAL PRACTITIONER OR SPECIALIST
2) CONSIDER DISCUSSION AND/OR RECOMMENDING SOUVENNAID* *

DISCLAIMER: Assessment for dementia and/or Alzheimer’s disease usually includes personal history, a physical examination, and appropriate laboratory tests and brain imaging studies. Appropriate care pathways, guidelines and recommendations should always be followed. This algorithm does not replace any of these processes or medical advice. Souvenaids is a Food for Special Medical Purposes for the dietary management of early Alzheimer’s disease and MCI Cognitive Impairment. Souvenaids must be used under medical supervision.