

# SCANDISHAKE

A powdered, high energy nutritional supplement suitable for individuals with Cystic Fibrosis.

## FEATURES

- **High fat content (43% E):** to support increased energy and fat requirements.
- **585kcal and 12.5g protein per serve<sup>^</sup>:** to support increased energy requirements.
- **Convenient single serve sachets:** for quick and easy preparation.

## Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Malabsorption states or other conditions requiring fortification with a fat/carbohydrate supplement e.g. cystic fibrosis.

## Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.

## Directions for Use

- Handle aseptically to ensure product remains sterile.
- Prepare the food per serving and consume within 2 hours.
- Discard unused prepared portions after 2 hours.
- Usage to be determined by a healthcare professional.
- **Recommended dosage:**

Age	Dosage (per day)
3-5 years	½ sachet + 240 ml full cream milk
5-10 years	1 Serve <sup>^</sup>
> 10 years	1-2 Serves <sup>^</sup>

<sup>^</sup>One serve = 1 sachet (85g powder) prepared with 240mL full cream milk.

## Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

Scandishake	Presentation	Product Code	Units per carton
Vanilla	6 x 85g sachet	159749	1

## Storage

- Store in a cool, dry place.
- Once opened, a sachet of Scandishake Vanilla should be used within 2-3 days.
- Do not refrigerate.

## Ingredients

**Scandishake Vanilla:** Maltodextrin, vegetable oils (**soy** bean oil, palm oil), glucose syrup, sucrose, skimmed cow's **milk**, potassium caseinate (from cow's **milk**), emulsifier (mono- and diglycerides of fatty acids), flavouring (vanilla), stabiliser (di potassium hydrogen phosphate), sodium chloride, magnesium citrate, antioxidant (ascorbyl palmitate).

## Allergen & Cultural Information

- Contains: cow's milk protein, soy oil.
- Does not contain: wheat, egg, nuts\*, lupins.
- No Halal forbidden ingredients.
- No Kosher forbidden ingredients.
- No gluten containing ingredients.



# SCANDISHAKE

NUTRITION INFORMATION		Per 100g	Per Serve <sup>^</sup>
Energy	kcal	505	585
	kJ	2117	2454
Protein	g	4.9 (4% E)	12.5
Carbohydrate	g	67 (53% E)	68.3
Sugars	g	22.3	30.4
Fat	g	24.2 (43% E)	29.5
Saturates	g	7.2	12
ω6 : ω3 ratio	g	10:1	10:1
Fibre	g	<0.5	<0.43

<sup>^</sup>One serve = 1 sachet (85g powder) prepared with 240mL full cream milk.

\* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*), and products thereof.

Minerals and Trace Elements		Per 100g	Per Serve <sup>^</sup>
Sodium	mg	126	211
	mmol	5.5	9.2
Potassium	mg	270	618
	mmol	6.9	15.8
Chloride	mg	156	353
Calcium	mg	85.5	369
Phosphorus	mg	151	365
Magnesium	mg	29.7	52.5
Iodine	μg	14.9	89.3
Phosphate	mg	463	1120
Ca:P ratio		0.6:1	0.6:1
Vitamins		Per 100g	Per Serve <sup>^</sup>
Vitamin E	mg α-TE	2.9	2.6
Vitamin K	μg	38.7	34.4

**A food for special medical purposes;  
to be used under strict medical supervision.**

For more information call the  
**Nutricia Careline 1800 438 500**

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

Nutricia Australia Pty Ltd.  
Lvl 4, Building D, 12-24 Talavera Road,  
Macquarie Park, NSW, 2113.  
[www.nutriciamedical.com.au](http://www.nutriciamedical.com.au)

NC4917-Jun21 / NUT1329