

TOGETHER WE BELIEVE WE CAN DRIVE CHANGE.

There is a strong need to better recognise, diagnose, support and manage those with Mild Cognitive Impairment - with likely up to one million Australians affected.

To address this, we are hosting a 1-day Masterclass with an emphasis on bringing the Multi-Disciplinary Team of specialists, GPs, nurses and pharmacists together to optimise the practical management of those living with Mild Cognitive Impairment.

REGISTER TO ATTEND TODAY

by scanning the QR code
or visiting www.mciawareness.com.au

Supported by an unrestricted grant from Nutricia.



**DRIVING
CHANGE**
Mild Cognitive Impairment

INAUGURAL MCI MASTERCLASS

INTERNATIONAL
SPEAKER
Philip Scheltens
Professor
MD PhD

Michael Woodward AM
Associate Professor
MBBS MD FRACP

Mark Yates
Associate Professor
MBBS FRACP

Sue Kurrle
Professor
MD PhD

Kaarin Anstey
Professor
BA (Hons) Syd.,
PhD Qld., FASSA,
FAPS

Sharon Naismith
Professor
MAPS CCN

Colin Masters AO
Professor
FAA FTSE FAHMS

Maree McCabe AM
CEO
Dementia Australia



Now Fully Virtual
Wednesday 1st September 2021



PROGRAM

To view full speaker profiles and to register, visit www.mciawareness.com.au

08:30 - 09:00: The rising tide of cognitive impairment and the importance of MCI – A/Prof Michael Woodward and Maree McCabe (Dementia Australia)
09:00 - 09:30: MCI...why bother? The concept, definition, history, course, predictors, criteria and evidence base – what should we strive to achieve? – Prof Sue Kurrle
09:30 - 09:50: MCI – it really is a disease; Amyloid and Tau are damaging the brain – Prof Colin Masters
09:50 - 10:15: MCI – diagnosis is now possible through imaging – Prof Chris Rowe
10:15 - 10:45: MCI – what will happen to my patient and when? – Prof Sue Kurrle

10:45 - 11:05: MORNING TEA
11:05 - 11:25: What benchtop memory tests can I use in my practice? – Prof Sharon Naismith
11:25 - 11:45: MCI - what can be done through lifestyle and dietary modifications? – Prof Kaarin Anstey
11:45 - 12:05: A quick route to diagnosis – ADNet, Step Up and the National Dementia Registry – Prof Chris Rowe
12:05 - 12:35: MCI – the latest breakthrough evidence for treatment – Prof Philip Scheltens
12:35 - 13:00: Panel Discussion (Q&A)

13:00 - 13:45: LUNCH
13:45 - 14:00: Challenges with optimising MCI management across all settings and introduction to the workshops – A/Prof Mark Yates
14:00 - 16:00: Parallel workshops:
Workshop 1: Detection and diagnosis
Workshop 2: Practical interventions (diet and lifestyle)
Workshop 3: Monitoring and follow up
Workshop 4: Patient support

16:00 - 16:25: AFTERNOON TEA
16:25 - 17:45: Panel session – workshop insights versus the 'ideal' dementia pathway; constructing the national principles*
– A/Prof Mark Yates and A/Prof Michael Woodward
17:45: Final remarks, thank you and close – A/Prof Mark Yates

*The masterclass will also aim to capture the discussions, insights and expertise of the day to publish a post-event academic paper entitled: 'Nationally informed principles on approaching the detection, assessment and management of MCI'.

INTERNATIONAL SPEAKER

(REMOTE PRESENTATION)



Philip Scheltens

Professor MD PhD

Professor. Dr. Philip Scheltens studied at the VU University Amsterdam, Netherlands, gaining his MD in 1984, and PhD (Magnetic Resonance Imaging in Alzheimer's disease) in 1993. Since 2000, he is Professor of Cognitive Neurology and Director of the Alzheimer Centre at Amsterdam University Medical Centre. His main clinical and research interests are Alzheimer's disease, vascular dementia, frontotemporal dementia, magnetic resonance imaging, PET imaging and fluid biomarkers. He is active in the field of biomarkers and clinical trials and has been the national PI for many studies, including phase 1-3 multicentre clinical trials.

He founded and directs the Alzheimer Centre since 2000, from which over 68 PhD theses have been produced. In 2013, he co-founded the Dutch national plan against dementia (Deltaplan Dementie) and serves as vice-chair of the board. He has authored over 950 peer reviewed publications and his H-factor is currently 103. In 2011, he was elected as member of the Royal Dutch Academy of Arts and Sciences (KNAW) and serves as Secretary General since 2015. In 2016 he was awarded the European Grand Prix for Alzheimer's Research.