

SCANDISHAKE

A powdered, high energy nutritional supplement suitable for individuals with Cystic Fibrosis.

FEATURES

- **High fat content (43% E):** to support increased energy and fat requirements.
- **588kcal and 12.4g protein per serve[^]:** to support increased energy requirements.
- **Convenient single serve sachets:** for quick and easy preparation.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Malabsorption states or other conditions requiring fortification with a fat/carbohydrate supplement e.g. cystic fibrosis.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.

Directions for Use

- Handle aseptically to ensure product remains sterile.
- Prepare the food per serving and consume within 2 hours.
- Discard unused prepared portions after 2 hours.
- Usage to be determined by a healthcare professional.
- **Recommended dosage:**

| Age | Dosage (per day) |
|------------|-----------------------------------|
| 3-5 years | ½ sachet + 240 ml full cream milk |
| 5-10 years | 1 Serve [^] |
| > 10 years | 1-2 Serves [^] |

[^]One serve = 1 sachet (85g powder) prepared with 240 full cream milk.

Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

| Scandishake | Presentation | Product Code | Units per carton |
|-------------|----------------|--------------|------------------|
| Vanilla | 6 x 85g sachet | 49752 | 1 |

Storage

- Store in a cool, dry place.
- Once opened, a sachet of Scandishake Vanilla should be used within 2-3 days.
- Do not refrigerate.

Ingredients

Scandishake Vanilla: Maltodextrin, vegetable oils (soy bean oil, palm oil), sucrose, skimmed cow's **milk**, caseinate (from cow's **milk**), emulsifier (mono- and diglycerides of fatty acids), flavouring (vanilla), di potassium hydrogen phosphate, sodium chloride, tri magnesium di citrate.

Allergen & Cultural Information

- Contains: cow's milk protein, soy oil.
- Does not contain: wheat, egg, nuts*, lupins.
- No Halal forbidden ingredients.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).



SCANDISHAKE

| NUTRITION INFORMATION | | Per 100g | Per Serve [^] |
|-----------------------|------|--------------|------------------------|
| Energy | kcal | 507 | 588 |
| | kJ | 2125 | 2460 |
| Protein | g | 4.9 (4% E) | 12.4 |
| Casein | g | 4.4 | 10.3 |
| Whey | g | 0.5 | 2 |
| Carbohydrate | g | 67 (53% E) | 68.2 |
| Sugars | g | 20.5 | 28.1 |
| as Lactose | g | 3.2 | 13.4 |
| Fat | g | 24.5 (43% E) | 29.6 |
| Saturates | g | 7.6 | 12.6 |
| Monounsaturates | g | 7.3 | 8.6 |
| Polyunsaturates | g | 9.4 | 8.3 |
| ω6 : ω3 ratio | g | 9:1 | 9:1 |
| Fibre | g | 0 | 0 |
| Water | ml | <3 | - |

[^]One serve = 1 sachet (85g powder) prepared with 240 full cream milk.

* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*), and products thereof.

| Minerals | | Per 100g | Per Serve [^] |
|------------|------|----------|------------------------|
| Sodium | mg | 128 | 221 |
| | mmol | 5.6 | 9.7 |
| Potassium | mg | 272 | 580 |
| | mmol | 7.0 | 14.8 |
| Calcium | mg | 85 | 369 |
| Phosphorus | mg | 147 | 352 |
| Magnesium | mg | 30 | 55 |
| Chloride | mg | 163 | 391 |
| Ca:P ratio | | 0.6:1 | 0.6:1 |

**A food for special medical purposes;
to be used under strict medical supervision.**

For more information call the
Nutricia Careline 1800 438 500


LIFE-TRANSFORMING NUTRITION

Nutricia Australia Pty Ltd.
Lvl 4, Building D, 12-24 Talavera Road,
Macquarie Park, NSW, 2113.
www.nutriciamedical.com.au

NC4873-Nov20 / NUT1180E