

POLY-JOULE

A powdered, non-sweet, unflavoured carbohydrate supplement based on maltodextrin.

FEATURES

- **100% energy from carbohydrate** (provides 19kcal per 5g scoop).
- **Made from 100% maltodextrin:** easily digestible source of carbohydrate.
- **Low osmolarity:** to prevent osmotic diarrhoea.
- **Enhanced solubility:** readily dissolves and allows for higher energy density in solution.
- **Less sweet than other sugars such as sucrose:** more product can be added without making the food/drink too sweet.
- **Neutral taste:** can be mixed into food and drink without significantly altering flavour or texture.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Patients requiring a fat and/or mineral restriction.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for infants under 1 years of age.
- Use with caution in children aged 1-6 years of age.
- Use with caution in patients with diabetes because of the relatively high carbohydrate content and the source of carbohydrates.

Directions for Use

- Handle aseptically to ensure product remains sterile.
- Sprinkle required amount of powder into food and/or drink and mix well. Use only the scoop provided in the packaging to ensure serving consistency.
- Prepare the food or drink per serving and consume within 2 hours.
- Discard unused prepared portions after 2 hours.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, use contents within 4 weeks.
- Discard unused contents after 4 weeks.
- Replace lid firmly after use.
- Do not refrigerate.

Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

| Poly-Joule | Product code | Units per carton |
|------------|--------------|------------------|
| 400g can | 87405 | 12 |

Ingredients

Poly-Joule: Maltodextrin.

Allergen & Cultural Information

- Does not contain: wheat, egg, nuts*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



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| NUTRITION INFORMATION | | Per 100g | Per scoop (5g) |
|-----------------------|------|-------------|----------------|
| Energy | kcal | 384 | 19.2 |
| | kJ | 1630 | 81.5 |
| Protein | g | 0 | 0 |
| Carbohydrate | g | 96 (100% E) | 4.8 |
| Sugars | g | 6 | 0.3 |
| as Lactose | g | 0 | 0 |
| Fat | g | 0 | 0 |
| Fibre | g | 0 | 0 |
| Water | ml | <5 | <0.25 |

* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*), and products thereof.

| Minerals | | Per 100g | Per scoop (5g) |
|------------|----------------------------|--------------------|--------------------|
| Sodium | mg | 2 | 0.1 |
| | mmol | 0.09 | 0.005 |
| Other | | Per 100g | Per scoop (5g) |
| Osmolality | mOsmol/kg H ₂ O | 104 (10% solution) | 104 (10% solution) |

A food for special medical purposes; to be used under strict medical supervision.

For more information call the **Nutricia Careline 1800 438 500**

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