

NUTRISON MULTI FIBRE

A nutritionally complete, fibre enriched, ready-to-use enteral tube feed.

FEATURES

- Suitable as a sole source of nutrition^
- 15g of MF6# fibre blend per 1000ml pack: to help maintain normal bowel function.
- Whey-dominant P4 protein blend: in line with international recommendations on protein quality/ amino acid profile and for gastro-intestinal tolerance benefits.¹⁻⁷
- Fish oils: to provide Docosahexaenoic acid (DHA) and Eicosapentaenoic acid (EPA).
- Medium chain triglycerides (MCT): for easier fat digestion and absorption.⁸⁻⁹
- Enriched with carotenoids: in line with general health recommendations for their antioxidant properties and positive effect on immune function.¹⁰
- 1000ml ready-to-hang pack and 500ml plastic bottle formats: provides flexibility for different feeding methods e.g. closed-system pump delivery, syringe bolus.

Indications

For the dietary management of:

• Disease-related malnutrition.

Important Notice

- Not for parenteral use.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants under 1 year of age.
- Use with caution in children aged 1-6 years of age.
- Use with caution in individuals with a seafood allergy.

Directions for Use

- Shake well before use.
- Use at room temperature.
- Handle aseptically to ensure product remains sterile.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused contents after 24 hours.

Ordering Information

To order contact Nutricia Customer Care 1800 889 480.

Nutrison Multi Fibre	Product code	Units per carton
500ml plastic bottle	78714	12
1000ml pack	40976	8

Ingredients

Nutrison Multi Fibre: water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil [coconut oil, palm kernel oil]), dietary fibres (soy polysaccharides, resistant starch, inulin, arabic gum, cellulose, oligofructose), whey protein (from cow's milk), cow's milk protein caseinate, pea protein, soy protein, emulsifier (soy lecithin), acidity regulator (citric acid), sodium chloride, fish oil, potassium hydroxide, tri calcium phosphate, di potassium hydrogen phosphate, potassium citrate, carotenoids (contains **soy**)(β -carotene, lutein, lycopene), calcium hydroxide, potassium chloride, choline chloride, magnesium hydroxide, sodium L-ascorbate, magnesium hydrogen phosphate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL-lphatocopheryl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, cholecalciferol, D-biotin, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin.

Allergen & Cultural Information

- · Contains: cow's milk protein, soy, fish oil.
- Does not contain: wheat, egg, nuts*, lupins.
- Halal certified (1000ml pack only).
- No Halal forbidden ingredients.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).



NUTRISON MULTI FIBRE

NUTRITION INFORM	IATION	Per 100ml	Per 1000ml
Energy	kcal	103	1030
	kJ	430	4300
Protein	9	4 (16% E)	40
- Casein	9	1	10
- Whey	9	1.4	14
- Soy	9	0.8	8
- Pea	9	0.8	8
Carbohydrate	9	12.3 (50% E)	123
- Sugars	9	0.8	8
- as Lactose	9	<0.025	<0.25
Fat	9	3.9 (34% E)	39
- Saturates	9	1	10
- of which MCT	9	0.6	6
- Monounsaturates	9	2.2	22
- Polyunsaturates	9	0.7	7
- DHA	mg	13.6	136
- EPA	mg	20	200
- ω6:ω3		2.9:1	2.9:1
Fibre	9	1.5	15
- soluble : insoluble		50:50	50:50
Water	ml	83	830
Minerals		Per 100ml	Per 1000ml
Sodium	mg	100	1000
	mmol	4.3	43
Potassium	mg	150	1500
	mmol	3.8	38
Calcium	mg	80	800
Phosphorus	mg	72	720
Magnesium	mg	23	230
Chloride	mg	125	1250
Ca:P ratio		1.1:1	1.1:1

MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose,
resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre
types in a healthy diet.

^{*} Peanut (Arachis hypogaea), Almond (Amygdalus communis L.), Hazelnut (Corylus avellana), Walnut (Juglans regia), Cashew (Anacardium occidentale), Pecan nut (Carya illinoiesis (Wangenh.) K. Koch.), Brazil nut (Bertholletia excelsa), Pistachio nut (Pistacia vera), Macadamia nut and Queensland nut (Macadamia ternifolia) and products thereof.

REFERENCES 1. World Health Organization. Protein and amino acid requirements in human nutrition: report of a joint FAO/WHO/UNU expert consultation. 2007; WHO technical report series; no. 935. 2. Kuyumcu S, Menne D, Curcic J, et al. Noncoagulating enteral formula can empty faster from the stomach: A double-blind, randomized crossover trial using magnetic resonance imaging. Journal of Parenteral and Enteral Nutrition. 2015;39:544-551. 3. van den Braak CC, Klebach M, Abrahamse E, et al. A novel protein mixture containing vegetable proteins renders enteral nutrition products non-coagulating after in vitro gastric digestion. Clinical Nutrition. 2013;32:765-771. 4. Klebach M, Hofman Z, Bluemel S, et al. Effect of protein type in enteral nutrition formulas on coagulation in the stomach in vivo: Post hoc analyses of a randomized controlled trial with MRI. Abstract presented at Clinical Nutrition Week, January 16–19; Austin, Tx. Journal of Parenteral and Enteral Nutrition. 2016;40:134(21). 5. Luttikhold J, van Norren K, Rijna H, et al. Jejunal feeding is followed by a greater rise in plasma cholecystokinin, peptide YY, glucagon-like peptide 1, and glucagon-like peptide 2 concentrations compared with gastric feeding in vivo in humans: a randomized trial. Am J Clin Nutr. 2016;10:3:435–43. 6. Abrahamse E, van der Lee S, van den Braak S, et al. Gastric non-coagulation of enteral tube feed yields faster gastric emptying of protein in a dynamic in vitro model. Abstract presented at 34th ESPEN Congress. Sept 8-11; Barcelona, Spain. Clinical Nutrition Supplements. 2012;7P2923(19). 7. Li J, Klebach M, Abrahamse E, et al. Specific protein mixture reduces coagulation: An in vitro stomach model study mimicking a gastric condition in critically ill patients. Poster presented at 38th ESPEN Congress. 17-20 September; Copenhagen, Denmark. Clinical Nutrition. 2016;35:MON-P182 (S220). 8. Beckers EJ, Jeukendrup AE et al. Gastric emptying of carbohydrate-medium chain triglyceride suspensions at rest. Int J Sports Med. 1992 Nov;13(8):581-4.

Vitamins		Per 100ml	Per 1000ml
Vitamin A	μg-RE	82	820
Vitamin D	hð	1	10
Vitamin E	mg $lpha$ -TE	1.3	13
Vitamin K	hð	5.3	53
Vitamin C	mg	10	100
Thiamin	mg	0.15	1.5
Riboflavin	mg	0.16	1.6
Niacin	mg NE	1.8	18
Vitamin B ₆	mg	0.17	1.7
Vitamin B ₁₂	hð	0.21	2.1
Folic Acid	hð	27	270
Pantothenic Acid	mg	0.53	5.3
Biotin	hð	4	40
Trace Elements		Per 100ml	Per 1000ml
Trace Elements Iron	mg	Per 100ml 1.6	Per 1000ml 16
	mg mg		
Iron	\	1.6	16
Iron Zinc	mg	1.6 1.2	16 12
Iron Zinc Manganese	mg mg	1.6 1.2 0.33	16 12 3.3
Iron Zinc Manganese Copper	mg mg	1.6 1.2 0.33 180	16 12 3.3 1800
Iron Zinc Manganese Copper Iodine	hð mð mð	1.6 1.2 0.33 180	16 12 3.3 1800 130
Iron Zinc Manganese Copper Iodine Molybdenum	hð hð mð mð	1.6 1.2 0.33 180 13	16 12 3.3 1800 130
Iron Zinc Manganese Copper Iodine Molybdenum Selenium	hð hð hð mð mð	1.6 1.2 0.33 180 13 10 5.7	16 12 3.3 1800 130 100 57
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium	hð hð hð hð mð mð	1.6 1.2 0.33 180 13 10 5.7 6.7	16 12 3.3 1800 130 100 57 67
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium Fluoride	hð hð hð hð mð mð	1.6 1.2 0.33 180 13 10 5.7 6.7 0.1	16 12 3.3 1800 130 100 57 67
Iron Zinc Manganese Copper Iodine Molybdenum Selenium Chromium Fluoride Other	mg hg hg hg hg hg hg mg mg	1.6 1.2 0.33 180 13 10 5.7 6.7 0.1	16 12 3.3 1800 130 100 57 67 1

A food for special medical purposes; to be used under strict medical supervision.

For more information call the Nutricia Careline 1800 438 500



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[^]In accordance with Australia New Zealand Food Standards Code - Standard 2.9.5