

# NUTRISON LOW SODIUM

A nutritionally complete, low sodium, ready-to-use enteral tube feed.

## FEATURES

- **Suitable as a sole source of nutrition<sup>^</sup>**
- **Low in sodium (25mg/100kcal):** in line with maximum daily intake on a low sodium diet (<2300mg per day).<sup>1</sup>
- **Fibre-free (<0.1g/100ml):** for patients requiring residue-restricted diets
- **Enriched with carotenoids:** in line with general health recommendations for their antioxidant properties and positive effect on immune function.<sup>2</sup>
- **1000ml OpTri bottle:** suitable for closed system or open system feeding via ISO compliant flip-top screw cap.

## Indications

For the dietary management of:

- Disease related malnutrition.
- Conditions requiring a sodium restricted diet e.g. hypernatremia, congestive heart failure, oedema, hypertension.

## Important Notice

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for patients with contraindications for sodium restriction e.g. uncomplicated renal disease, normal pregnancy ileostomised patients and severe hypothyroidism.
- Not suitable for infants under 1 year of age.
- Use with caution in children aged 1-6 years of age.

## Directions for Use

- Shake well before use.
- Use at room temperature.
- Handle aseptically to ensure product remains sterile.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused contents after 24 hours.

## Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

Nutrison Low Sodium	Product code	Units per carton
1000ml OpTri bottle	132289	8

## Ingredients

**Nutrison Low Sodium:** Water, maltodextrin, cow's milk protein caseinate, vegetable oils (rapeseed oil, sunflower oil), potassium citrate, acidity regulator (citric acid), emulsifier (**soy** lecithin), di potassium hydrogen phosphate, potassium di hydrogen phosphate, magnesium hydroxide, choline chloride, carotenoids (contains **soy**) (β-carotene, lutein, lycopene), calcium hydroxide, sodium hydroxide, sodium L-ascorbate, ferrous lactate, zinc sulphate, sodium chloride, nicotinamide, DL-α-tocopheryl acetate, retinyl acetate, copper gluconate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, pteroylmonoglutamic acid, thiamin hydrochloride, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione.

## Allergen & Cultural Information

- Contains: cow's milk protein, soy.
- Does not contain: wheat, egg, nuts\*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



# NUTRISON LOW SODIUM

NUTRITION INFORMATION		Per 100ml	Per 1000ml
Energy	kcal	100	1000
	kJ	420	4200
Protein	g	4 (16% E)	40
Casein	g	4	40
Carbohydrate	g	12.3 (49% E)	123
Sugars	g	1	10
as Lactose	g	<0.025	<0.25
Fat	g	3.9 (35%E)	39
Saturates	g	0.4	4
Monounsaturates	g	2.3	23
Polyunsaturates	g	1.2	12
ω6 / ω3 ratio		5.2:1	5.2:1
Fibre	g	0	0
Water	ml	85	850
Minerals		Per 100ml	Per 1000ml
Sodium	mg	25	250
	mmol	1.1	11
Potassium	mg	150	1500
	mmol	3.8	38
Calcium	mg	80	800
Phosphorus	mg	72	720
Magnesium	mg	23	230
Chloride	mg	25	250
Ca:P ratio		1.1:1	1.1:1
Vitamins		Per 100ml	Per 1000ml
Vitamin A	µg-RE	82	820
Vitamin D	µg	0.7	7
Vitamin E	mg α-TE	1.3	13
Vitamin K	µg	5.3	53
Vitamin C	mg	10	100
Thiamin	mg	0.15	1.5
Riboflavin	mg	0.16	1.6
Niacin	mg NE	1.8	18
Vitamin B6	mg	0.17	1.7
Vitamin B12	µg	0.21	2.1
Folic Acid	µg	27	270
Pantothenic Acid	mg	0.53	5.3
Biotin	µg	4	40

Trace Elements		Per 100ml	Per 1000ml
Iron	mg	1.6	16
Zinc	mg	1.2	12
Manganese	mg	0.33	3.3
Copper	µg	180	1800
Iodine	µg	13	130
Molybdenum	µg	10	100
Selenium	µg	5.7	57
Chromium	µg	6.7	67
Fluoride	mg	0.1	1.0
Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.2	2
Choline	mg	37	370
Osmolality	mOsmol/ kgH <sub>2</sub> O	240	240

**A food for special medical purposes;  
to be used under strict medical supervision.**

For more information call the  
**Nutricia Careline 1800 438 500**

<sup>^</sup> In accordance with Australia New Zealand Food Standards Code - Standard 2.9.5

\* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis L.*), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis (Wangenh.) K. Koch*), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof.

**REFERENCES** 1. Nutrition Education Materials Online, "NEMO", Queensland Government. Low Salt Diet. Australia; Queensland; 2015. Retrieved from [https://www.health.qld.gov.au/\\_data/assets/pdf\\_file/0025/150577/renal\\_lowsalt.pdf](https://www.health.qld.gov.au/_data/assets/pdf_file/0025/150577/renal_lowsalt.pdf) [16 Dec 2019] 2. Cooper DA, Eldridge AL, Peters JC. Dietary carotenoids and certain cancers, heart disease and age-related macular degeneration: A review of recent research. Nutrition Reviews 1999; 57: 201-214.

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

Nutricia Australia Pty Ltd.  
Lvl 4, Building D, 12-24 Talavera Road,  
Macquarie Park, NSW, 2113.  
[www.nutriciamedical.com.au](http://www.nutriciamedical.com.au)

NC4855-Nov20 / NUT1180c