

# DIASIP

A ready-to-drink, nutritionally complete, low glycaemic index oral nutritional supplement.

## FEATURES

- **Suitable as a sole source of nutrition<sup>^</sup>**
- **Suitable for oral or enteral use:** can be consumed orally or delivered via an enteral feeding tube. Can be used to supplement intake or as a sole source of nutrition.
- **Unique low glycaemic index (GI = 36) carbohydrate blend:** isomaltulose and slowly digestible starch to improve the postprandial plasma glucose response.<sup>1-4</sup>
- **Optimal macronutrient ratio:** to improve glycaemic control and meet international diabetes and chronic disease guidelines.<sup>5-7</sup>
- **Fibre enriched (4g/bottle):** to help improve glucose metabolism.<sup>8</sup>
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

## Indications

For the dietary management of patients with diabetes mellitus, hyperglycaemia or impaired glucose tolerance who have, or are at-risk of, disease related malnutrition or have increased energy and protein requirements.

## Important Notice

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with fructosaemia.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- Use with caution in children aged 3-6 years of age.

## Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused content after 24 hours.

## Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

| Diasip  | Presentation | Product code | Units per carton |
|---------|--------------|--------------|------------------|
| Vanilla | 200ml bottle | 40354        | 24               |

## Ingredients

**Diasip Vanilla:** Water, isomaltulose, dietary fibres (galacto-oligosaccharides (from **milk**), resistant dextrin, resistant starch, cellulose), vegetable oils (rapeseed oil, sunflower oil), starch (tapioca), lactose (from **milk**), whey protein concentrate (from **milk**), **soy** protein isolate, flavour (vanilla), acidity regulator (citric acid), **fish oil**, potassium citrate, choline chloride, carotenoids (contains **soy**) (β-carotene, lutein, lycopene), magnesium hydroxide, di potassium hydrogen phosphate, potassium hydroxide, sodium L-ascorbate, colour (curcumin), calcium chloride, sodium citrate, tri calcium phosphate, thickener (carrageenan), sweeteners (acesulfame-K, sodium saccharin), ferrous lactate, DL-α-tocopheryl acetate, calcium carbonate, zinc sulphate, nicotinamide, retinyl acetate, copper gluconate, calcium-D-pantothenate, chromium chloride, manganese sulphate, sodium selenite, D-biotin, thiamin hydrochloride, cyanocobalamin, cholecalciferol, pyridoxine hydrochloride, pteroylmonoglutamic acid, riboflavin, sodium molybdate, potassium iodide, sodium fluoride, phytomenadione.

## Allergen & Cultural Information

- Contains: cow's milk protein, soy and fish oil.
- Does not contain: wheat, egg, nuts\*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).



# DIASIP

| NUTRITION INFORMATION* |      | Per 100ml    | Per 200ml |
|------------------------|------|--------------|-----------|
| Energy                 | kcal | 104          | 208       |
|                        | kJ   | 435          | 870       |
| Protein                | g    | 4.9 (19% E)  | 9.8       |
| Whey                   | g    | 2.4          | 4.8       |
| Soy                    | g    | 2.4          | 4.8       |
| Carbohydrate           | g    | 11.7 (45% E) | 23.4      |
| Sugars                 | g    | 8.3          | 16.6      |
| as Lactose             | g    | 3.6          | 7.2       |
| Fat                    | g    | 3.8 (33% E)  | 7.6       |
| Saturates              | g    | 0.5          | 1.0       |
| Monounsaturates        | g    | 2.2          | 4.4       |
| Polyunsaturates        | g    | 1.1          | 2.2       |
| ω6 / ω3 ratio          |      | 4:1          | 4:1       |
| Fibre                  | g    | 2.0 (4%E)    | 4.0       |
| Soluble:Insoluble      |      | 85:15        | 85:15     |
| Water                  | ml   | 83           | 166       |
| Minerals               |      | Per 100ml    | Per 200ml |
| Sodium                 | mg   | 55           | 110       |
|                        | mmol | 2.4          | 4.8       |
| Potassium              | mg   | 100          | 200       |
|                        | mmol | 2.6          | 5.2       |
| Calcium                | mg   | 53           | 106       |
| Phosphorus             | mg   | 47           | 94        |
| Magnesium              | mg   | 23           | 46        |
| Chloride               | mg   | 45           | 90        |
| Ca:P ratio             |      | 1.1:1        | 1.1:1     |

\*In accordance with Australia New Zealand Food Standards Code – Standard 2.95

\*Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis L.*), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis (Wangenh.) K. Koch*), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof, except those used for alcoholic distillates.

**REFERENCES** 1. Hofman Z, Rouws C, van Druenen JDE, Kuipers H. The effect of enteral nutrition on glucose and triglyceride concentrations during 6 hours continuous feeding in diabetic patients. Clin Nutr. 2004;23:1478-79. 2. Kawai K, Yoshikawa H, Murayama Y, Yamashita K. Usefulness of palatinose as a caloric sweetener for diabetic patients. Horm Metab Res. 1989;21:338-40. 3. Kawai K, Okuda Y, Yamashita K. Changes in blood glucose and insulin after an oral palatinose administration in normal subjects. Endocrinol Jpn. 1985;32:933-6. 4. Severijnen C, van der Beek EM, Hageman R, van Laere K, Van de Heijning BJM. Amelioration of fasting plasma glucose levels in diabetic rats after two weeks on an aspartate-rich diet. 2007 25th International Symposium on Diabetes and Nutrition (DNSG). 5. American Diabetes Association (ADA). Standards of medical care in diabetes. Diab. Care. 2006;29:4-73. 6. DNSG: The Diabetes and Nutrition Study Group (DNSG) of the European Association for the Study of Diabetes (EASD), 1999. Recommendations for the nutritional management of patients with diabetes mellitus. Eur J Clin Nutr. 2000;54:353-355. 7. National Health and Medical Research Council. Australian Dietary Guidelines. 2013. Canberra: National Health and Medical Research Council. 8. Higgins JA. Resistant starch: metabolic effects and potential health benefits. J AOAC Int. 2004;87:761-8.

**A food for special medical purposes;  
to be used under strict medical supervision.**

For more information call the **Nutricia Clinical Care Line 1800 060 051**

| Vitamins         |                               | Per 100ml | Per 200ml |
|------------------|-------------------------------|-----------|-----------|
| Vitamin A        | µg-RE                         | 82        | 164       |
| Vitamin D        | µg                            | 1.2       | 2.4       |
| Vitamin E        | mg α-TE                       | 2.5       | 5.0       |
| Vitamin K        | µg                            | 5.3       | 10.6      |
| Vitamin C        | mg                            | 15        | 30        |
| Thiamin          | mg                            | 0.4       | 0.8       |
| Riboflavin       | mg                            | 0.2       | 0.4       |
| Niacin           | mg NE                         | 1.8       | 3.6       |
| Vitamin B6       | mg                            | 0.3       | 0.6       |
| Vitamin B12      | µg                            | 0.65      | 1.3       |
| Folic Acid       | µg                            | 38        | 76        |
| Pantothenic Acid | mg                            | 0.8       | 1.6       |
| Biotin           | µg                            | 6.5       | 13        |
| Trace Elements   |                               | Per 100ml | Per 200ml |
| Iron             | mg                            | 1.6       | 3.2       |
| Zinc             | mg                            | 1.2       | 2.4       |
| Manganese        | mg                            | 0.33      | 0.66      |
| Copper           | µg                            | 180       | 360       |
| Iodine           | µg                            | 13        | 26        |
| Molybdenum       | µg                            | 10        | 20        |
| Selenium         | µg                            | 7.5       | 15        |
| Chromium         | µg                            | 12        | 24        |
| Fluoride         | mg                            | 0.1       | 0.2       |
| Other            |                               | Per 100ml | Per 200ml |
| Carotenoids      | mg                            | 0.2       | 0.4       |
| Choline          | mg                            | 50        | 100       |
| Osmolality       | mOsmol/<br>kgH <sub>2</sub> O | 440       | 440       |

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

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